

“Whoever follows a path  
in the pursuit of knowledge,

Allah (سبحانه  
و تعالیٰ)

will make a path to  
Paradise easy for him.”  
(Al-Bukhāari)





## LNH SPORTS INJURY SYMPOSIUM



# Advanced Shoulder Arthroscopy Workshop

FEBRUARY 2018  
**11**  
SUNDAY

at Liaquat National Hospital & Medical College

### COURSE CHAIRMAN

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### COURSE DIRECTOR

Dr. M. Sufyan

### COURSE CO-ORDINATOR

Dr. M. Kazim Rahim

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UNITED KINGDOM



**Mr. Ruben Manohara**  
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**Dr. Gerhard Greff**  
SOUTH AFRICA



### NATIONAL SPEAKERS

- Prof. Intikhab Taufiq
- Dr. Kamran Butt
- Col. Dr. Khalid Masood
- Dr. Naveed Juman
- Dr. Idrees Shah

### INTERNATIONAL SPEAKERS

### LIVE SURGERIES

### CADAVERIC SESSIONS

### SAW BONE WORK STATIONS

### INTERACTIVE LECTURES

### CME ACCREDITATION



### COURSE FEE

Rs. 5,000/- (RESIDENT)  
Rs. 10,000/- (CONSULTANT)



### FOR DETAILS CONTACT

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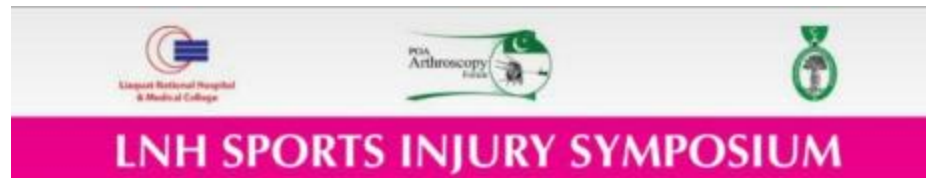
## LNH SPORTS INJURY SYMPOSIUM



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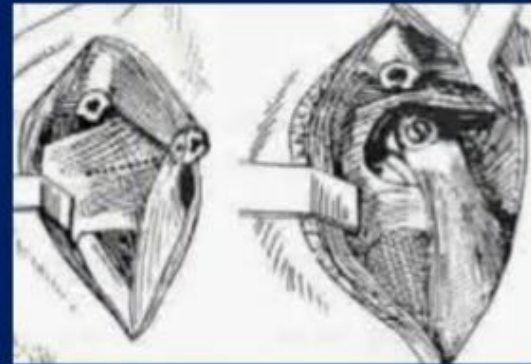
# Laterjet Indications/Results



# Laterjet Indications/Results



A propos du traitement  
des luxations  
récidivantes de  
l'épaule.  
Lyon



Michel Latarjet  
1954

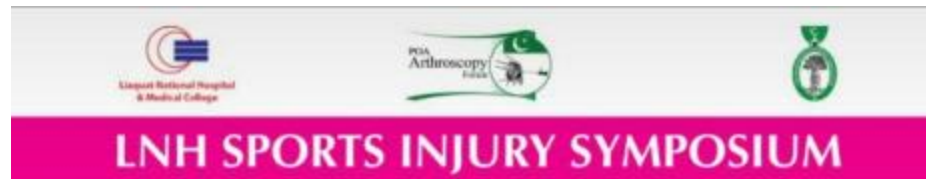




# Laterjet Indications/Results

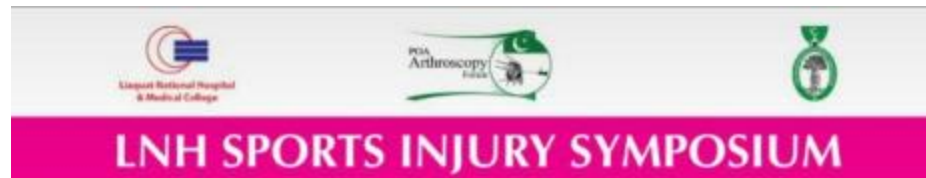


". He was a character in 1000 facets: highly skilled anatomist, skilful surgeon, talented sportsman, accomplished musician, big traveller, and many others... An eclectic life, symbol of an abundant XXth century.



# Laterjet Indications/Results

Was He really the First One

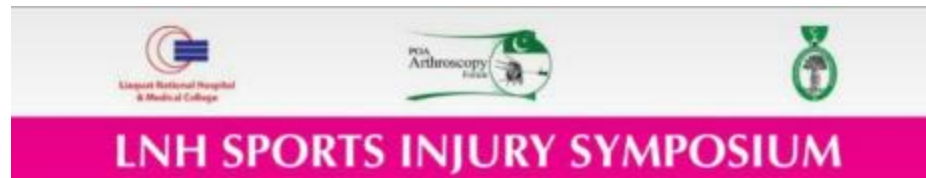


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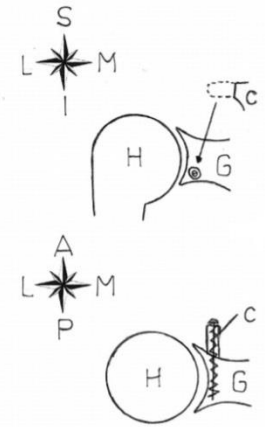
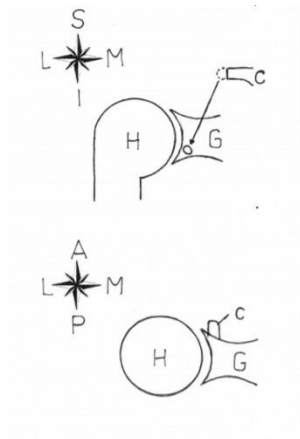
## Bristow Procedure



Helfet AJ. Coracoid transplantation for recurring dislocation of the shoulder. *J Bone Joint Surg Br.* 1958 May. 40-B(2):198-202.



# Laterjet Indications/Results



## Bristow Laterjet Procedure



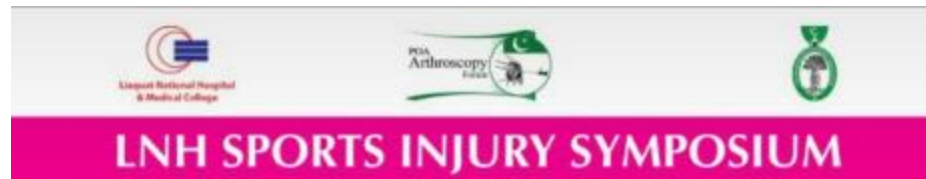


# Laterjet Indications/Results

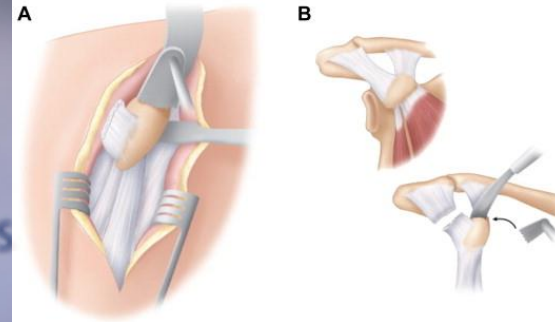


**Eden-Hybbinette procedure**

Hybbinette S. De la transplantation d'un fragment osseux pour remédier aux luxations récidivantes de l'épaule; constatations et résultats opératoires. Acta Chir Scand. 1932;71:411–45.



# Laterjet Indications/Results

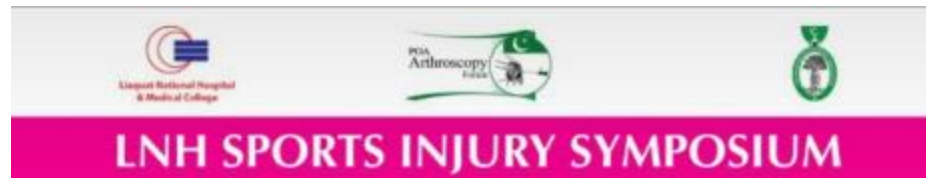


## French Modification

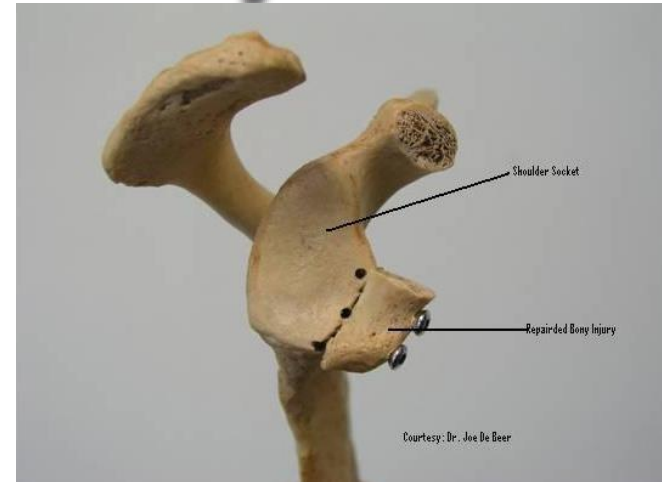
G. Walch, P. Boileau

**Latarjet-Bristow procedure for recurrent anterior instability**

Tech Shoulder Elbow Surg, 1 (2000), pp. 256-261



# Laterjet Indications/Results



## The Congruent-Arc Latarjet

de Beer, Joe M MED, (Orthop)\*; Burkhart, Stephen S. MD<sup>‡</sup>; Roberts, Chris Paul MB, BS, FRCS (Tr&Ortho)\*; van Rooyen, Karin\*; Cresswell, Tim FRCS (Tr&Ortho)\*; du Toit, Don F.<sup>†</sup>

Techniques in Shoulder & Elbow Surgery: June 2009 - Volume 10 - Issue 2 - p 62-67

doi: 10.1097/BTE.0b013e31819ebb60

Techniques

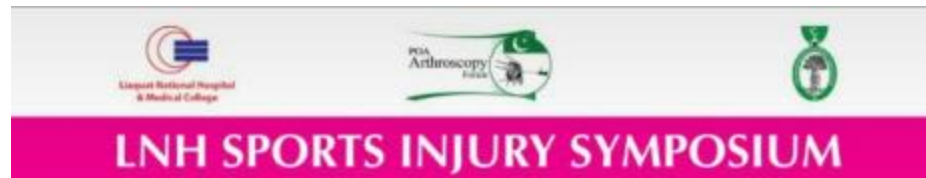




# Laterjet Indications/Results

## Indications for Latarjet

- Greater than 25% loss of inferior glenoid diameter
- Failed prior instability repair with borderline bone loss
- Absent or deficient capsule (from prior surgery, thermal damage, etc.)





# Laterjet Indications/Results

## Significant Glenoid Loss

- Greater than 25% of inferior glenoid diameter

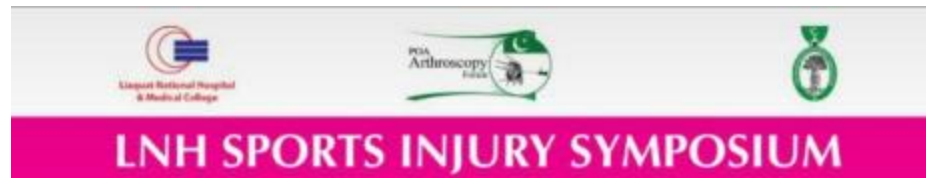
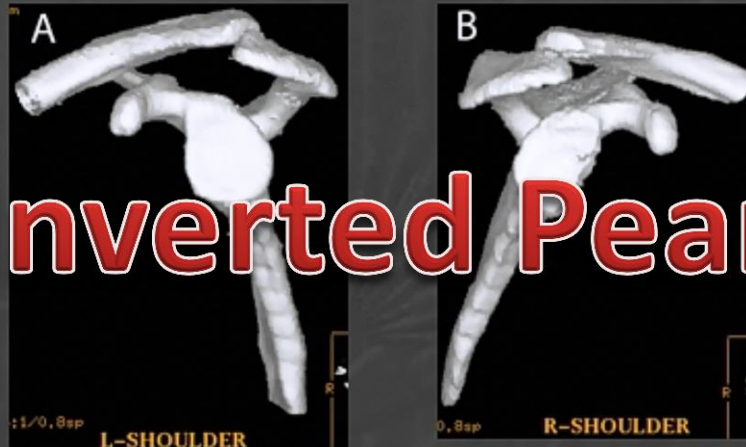


# Laterjet Indications/Results

## Significant Glenoid Loss

- Greater than 25% of inferior glenoid diameter

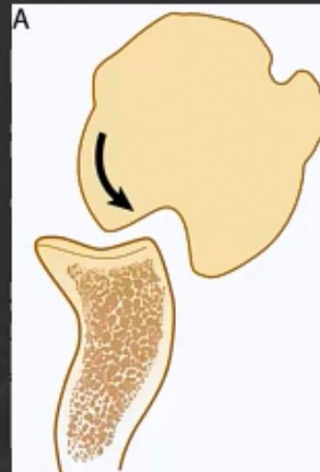
**Inverted Pear**



# Laterjet Indications/Results

## Bipolar Lesions

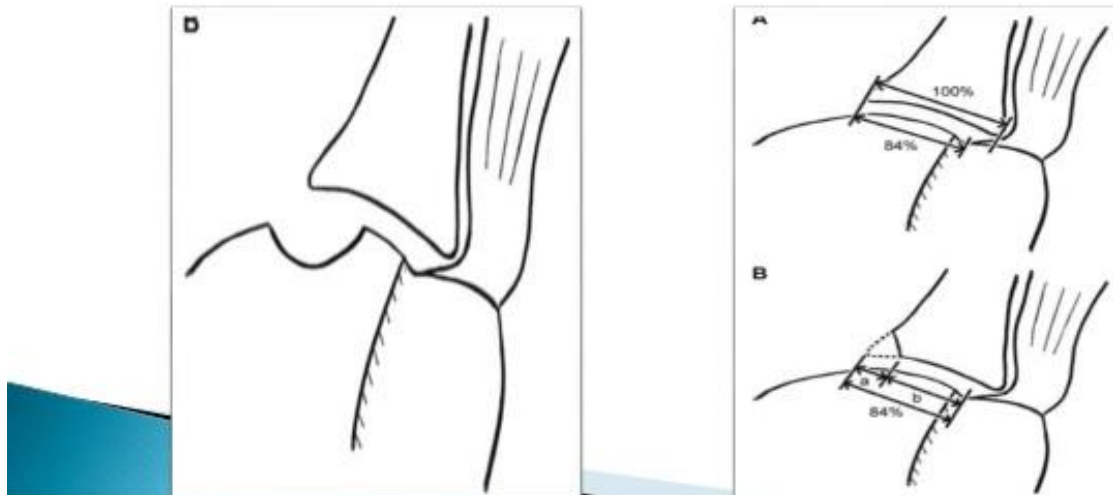
- With glenoid bone loss, H-S engages more easily



# Laterjet Indications/Results

**Contact between the glenoid and the humeral head in abduction, external rotation, and horizontal extension:  
A new concept of glenoid track**

Nobuyuki Yamamoto, MD,<sup>a</sup> Eiji Itoi, MD,<sup>b</sup> Hidekazu Abe, MD,<sup>a</sup> Hiroshi Minagawa, MD,<sup>a</sup>  
Nobutoshi Seki, MD,<sup>a</sup> Yoichi Shimada, MD,<sup>a</sup> Kyoji Okada, MD,<sup>a</sup> Akita and Sendai, Japan

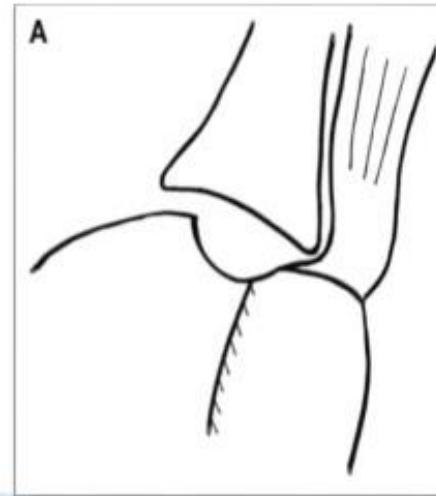
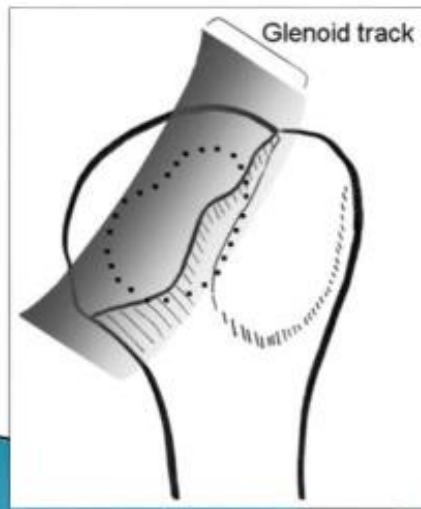




# Laterjet Indications/Results

**Contact between the glenoid and the humeral head in abduction, external rotation, and horizontal extension:  
A new concept of glenoid track**

Nobuyuki Yamamoto, MD,<sup>a</sup> Eiji Itoi, MD,<sup>b</sup> Hidekazu Abe, MD,<sup>c</sup> Hiroshi Minagawa, MD,<sup>d</sup>  
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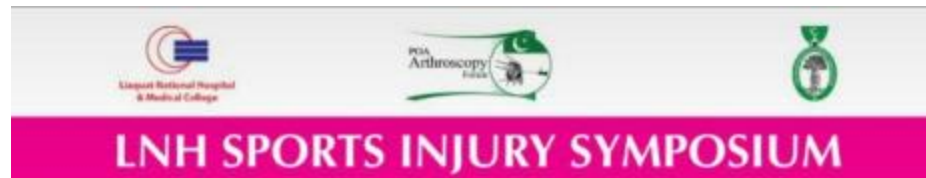
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For One & All

# Laterjet Indications/Results

**Evolving Concept of the  
Hill-Sachs Lesion:  
From "Engaging/Non-Engaging"  
Lesion to "On-Track/Off-Track"  
Lesion**  
*- DiGiacomo, Itoi, Burkhart, Arthroscopy  
2014*

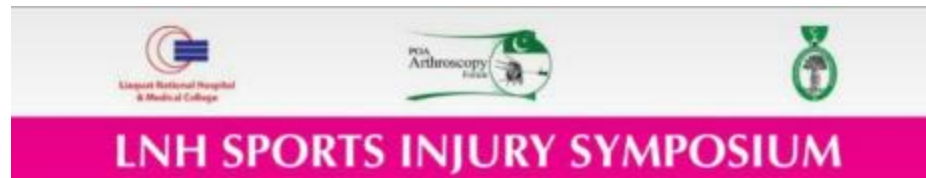
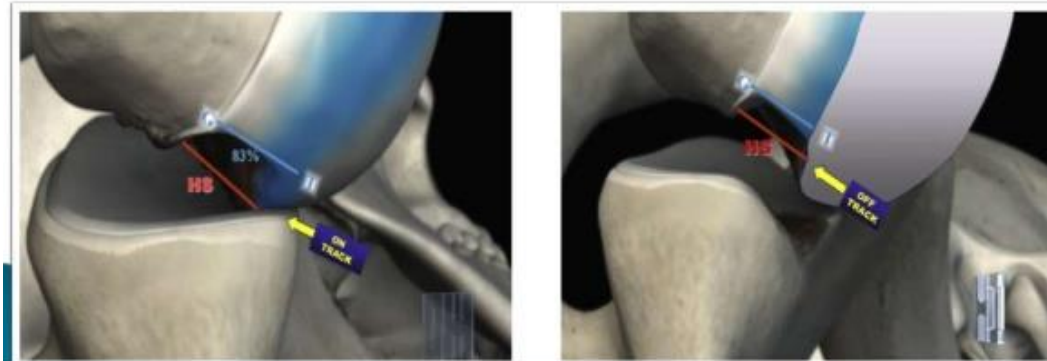


# Laterjet Indications/Results

## Evolving Concept of Bipolar Bone Loss and the Hill-Sachs Lesion: From “Engaging/Non-Engaging” Lesion to “On-Track/Off-Track” Lesion

Giovanni Di Giacomo, M.D., Eiji Itoi, M.D., Ph.D., and Stephen S. Burkhart, M.D.

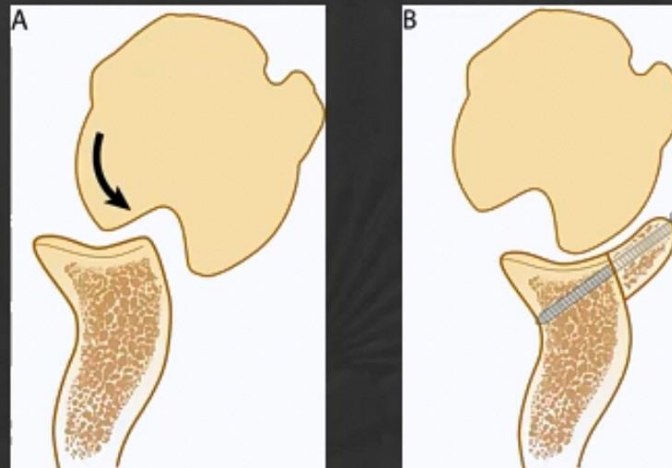
*Arthroscopy: The Journal of Arthroscopic and Related Surgery, Vol 30, No 1 (January), 2014: pp 90-98*



# Laterjet Indications/Results

## Treating the Engaging H-S by Treating the Glenoid Side

- Lengthen the glenoid articular arc so much that H-S cannot engage

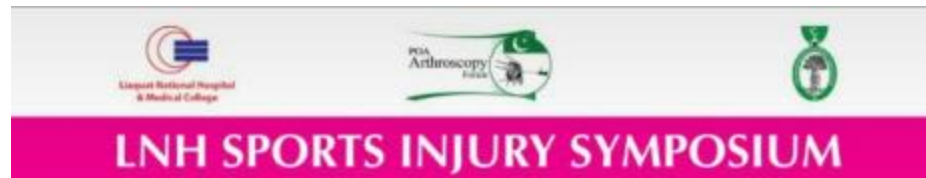




# Laterjet Indications/Results

## Developing a Treatment Paradigm for Bipolar Bone Loss

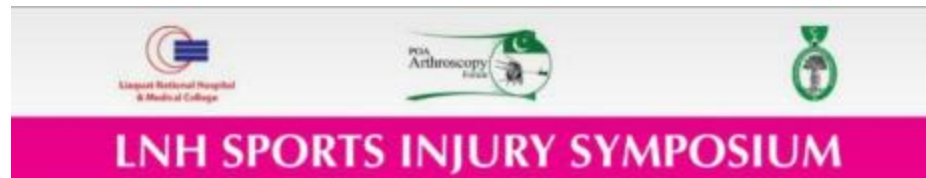
- Group 1 = glenoid defect  $< 25\%$  plus on-track H-S
  - Arthroscopic Bankart repair (ABR)
- Group 2 = glenoid defect  $< 25\%$  plus off-track H-S
  - ABR + Remplissage
- Group 3 = glenoid defect  $\geq 25\%$  plus on-track H-S
  - Latarjet
- Group 4 = glenoid defect  $\geq 25\%$  plus off-track H-S
  - Latarjet



# Laterjet Indications/Results

## Latarjet Techniques

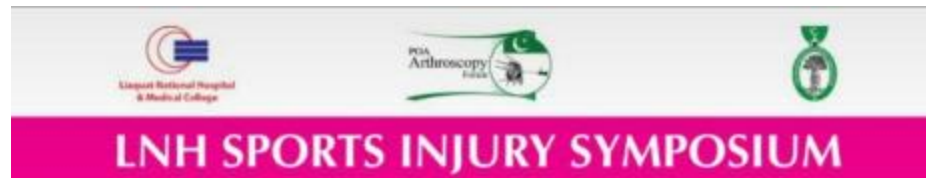
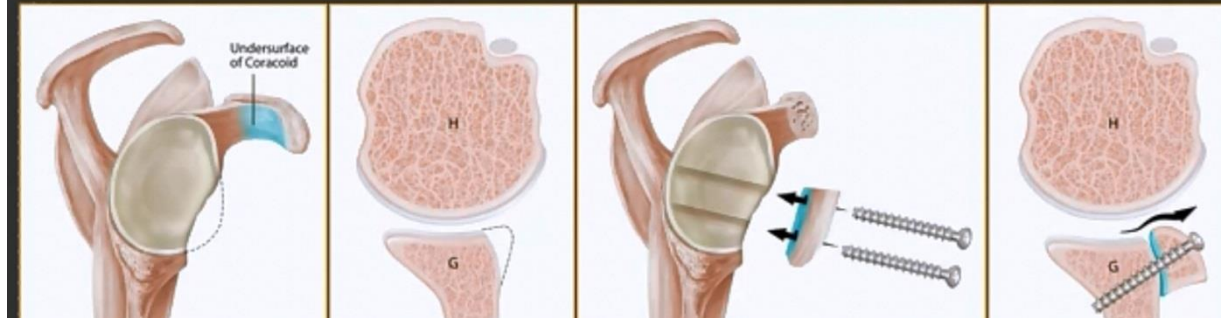
- Non-congruent arc technique
  - Direct apposition of coracoid to glenoid
  - French technique (Latarjet, Walch)
- Congruent-arc technique
  - Rotate coracoid 90° on its long axis
  - Burkhart-DeBeer technique



# Laterjet Indications/Results

## Non-Congruent Arc (Walch)

- Direct apposition of coracoid to glenoid
- No rotation of coracoid graft

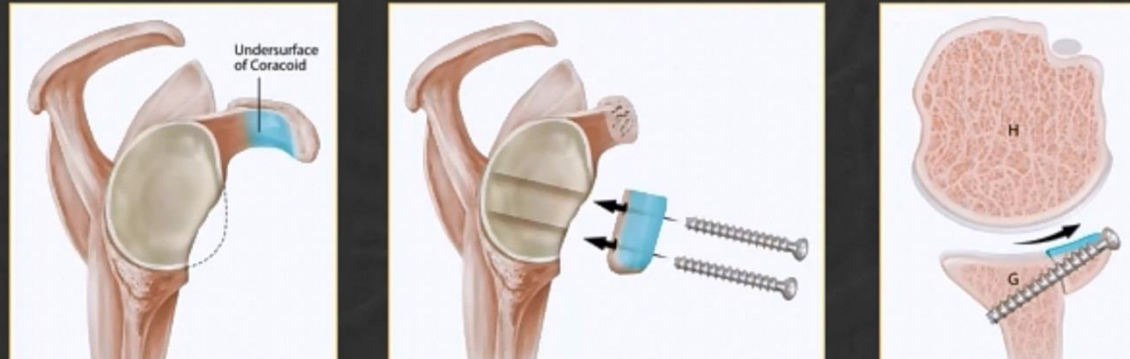




# Laterjet Indications/Results

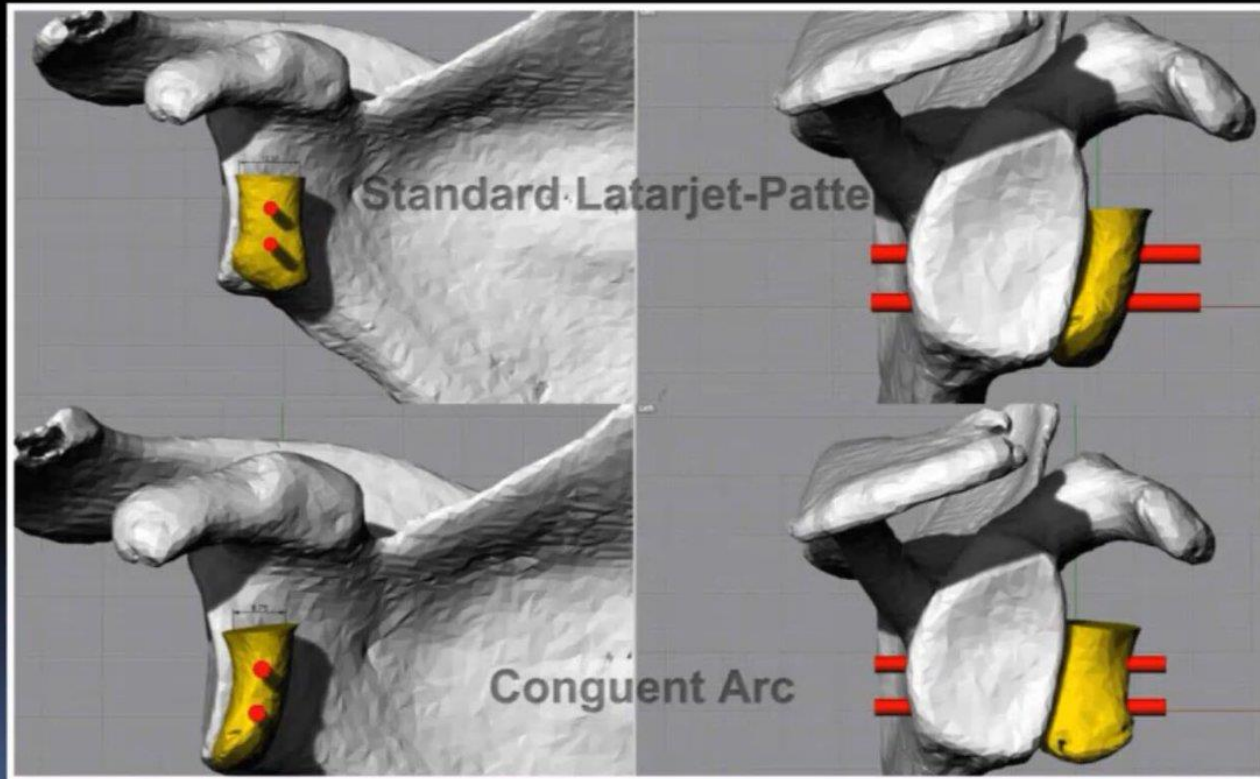
## Congruent-Arc Technique Burkhart & DeBeer

- Rotate coracoid 90° on its long axis





# Laterjet Indications/Results



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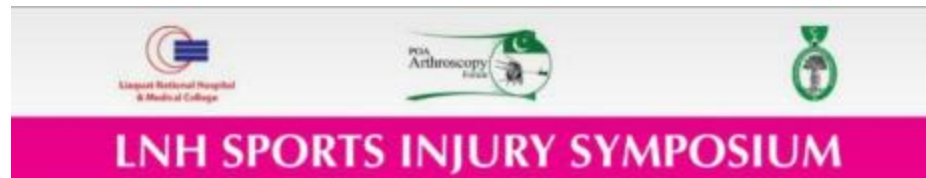


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# Laterjet Indications/Results

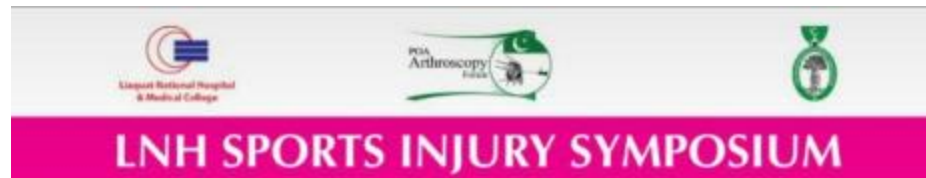
## Today's Gold Standard for Significant Bone Loss in Instability Patients: Open Latarjet

- Large bone graft
- Sling effect
- Congruent articular arc
- Glenoid-based graft treats both glenoid and humeral defects to maintain the glenoid track



# Laterjet Indications/Results

## Open Or Arthroscopic



# Laterjet Indications/Results

## **My Personal Requirements for an Arthroscopic Procedure are:**

- Can be done safely
- Can be done reproducibly
- Can be done elegantly without destruction of native tissue

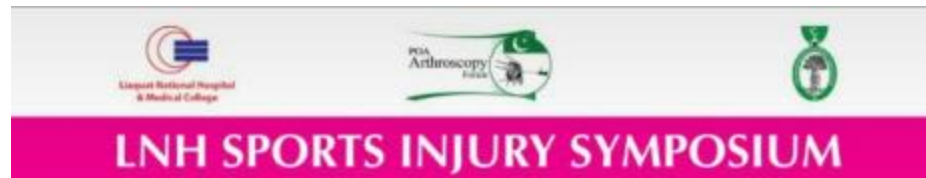




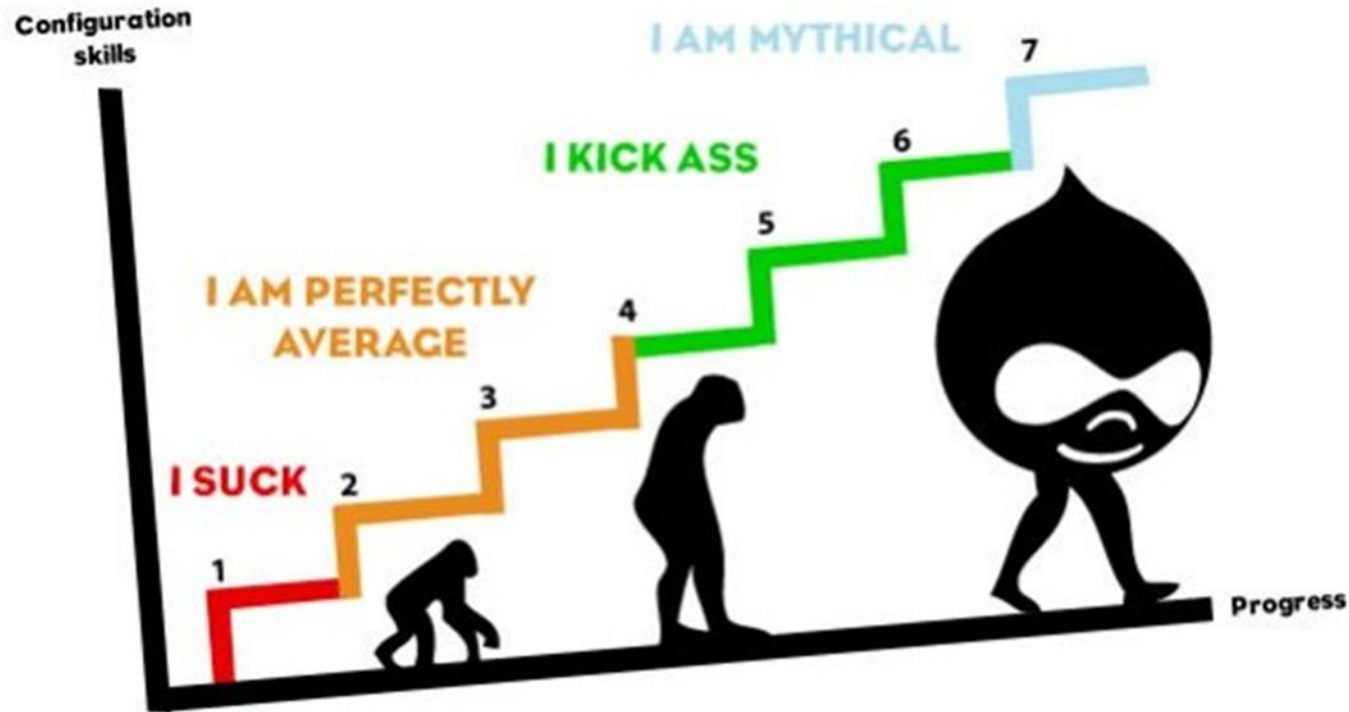
# Laterjet Indications/Results

## Arthroscopic Latarjet?

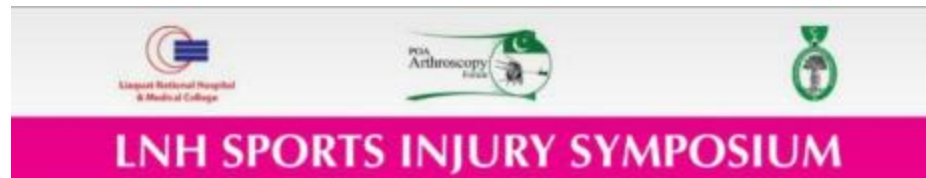
- High risk of N-V injury
- High rate of malposition of graft (20%, LaFosse)
- Current techniques require destruction of capsule and middle 1/3 of subscap to place graft



# Laterjet Indications/Results

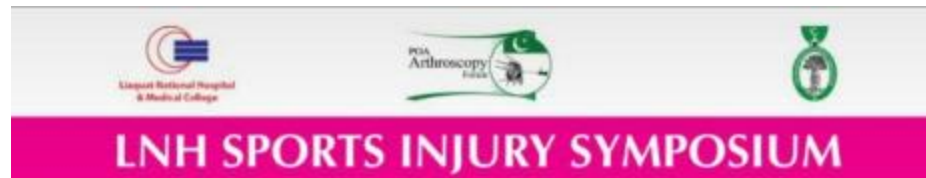


Drupal configuration learning curve. Image by Elin Lagerlöf/NodeOne.



# Laterjet Indications/Results

**Arthroscopic Latarjet is  
Not There Yet!**



# Laterjet Indications/Results

**Arthroscopic Latarjet is  
Not There Yet!**

**For Me**





# Laterjet Indications/Results

## My Practice



# Laterjet Indications/Results

My Practice

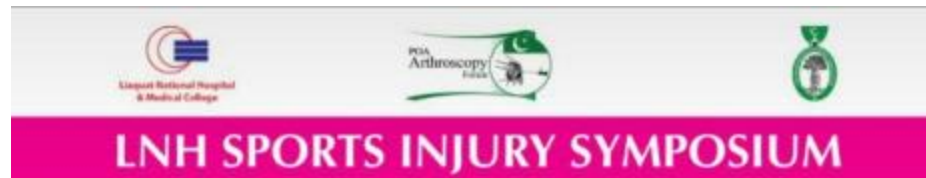
Arthrex Laterjet

Subscap Split

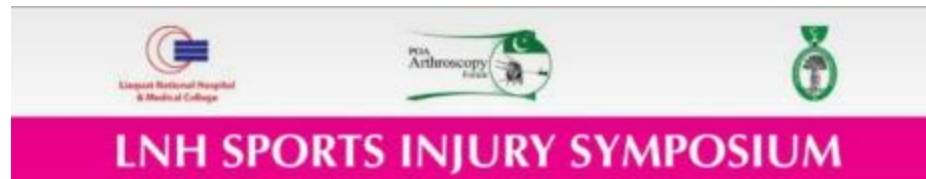
Congruent Arc

2 screws and plate

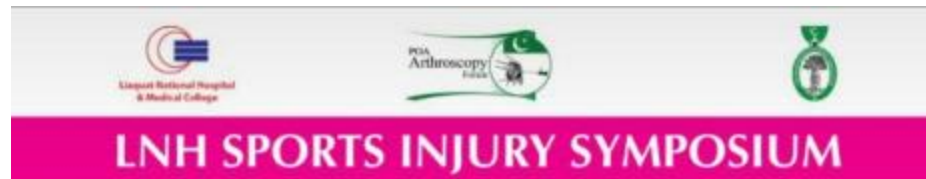
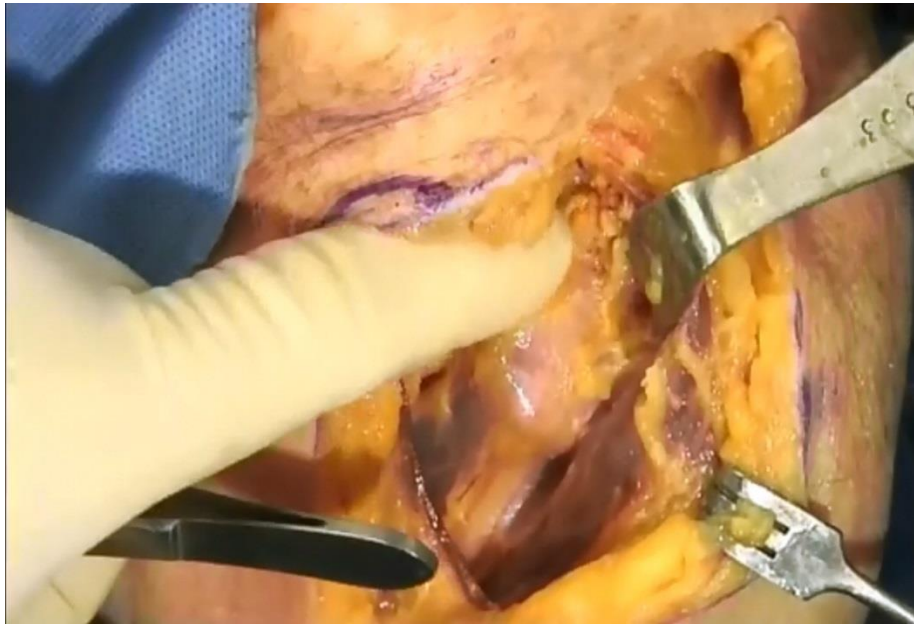
Open



# Laterjet Indications/Results

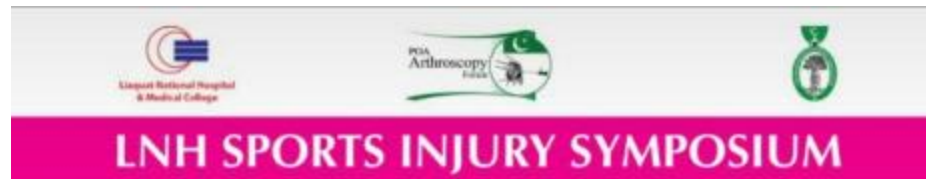
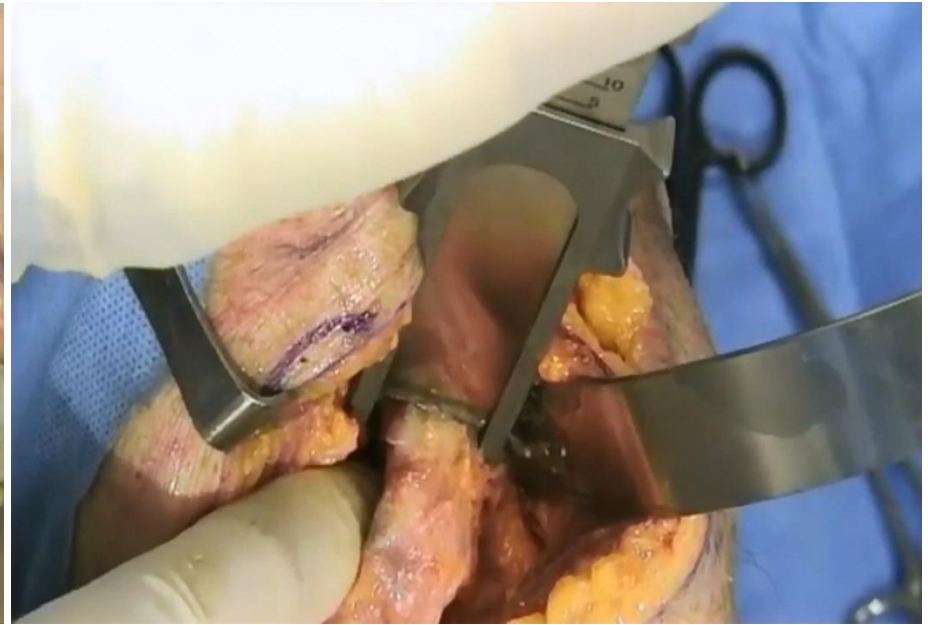
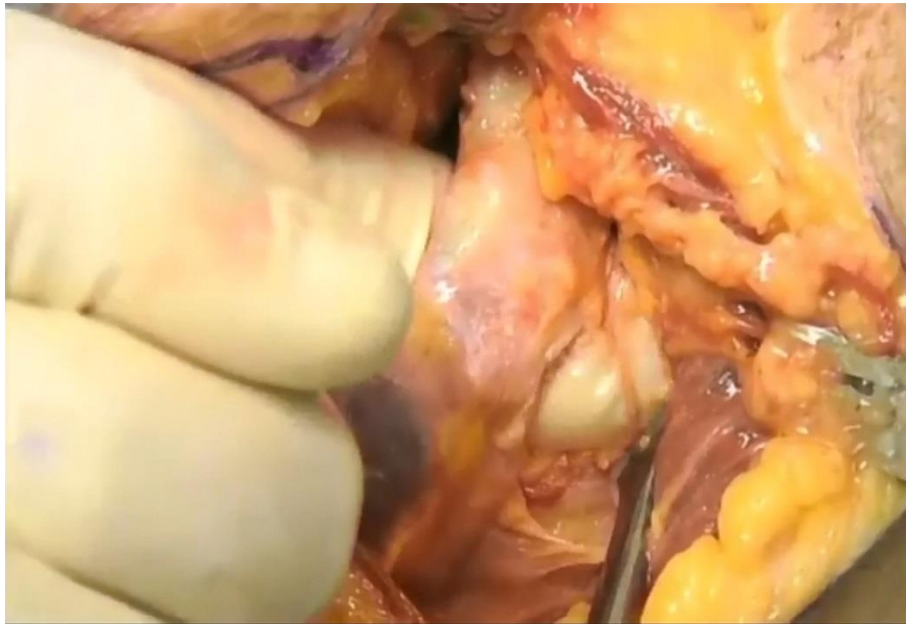


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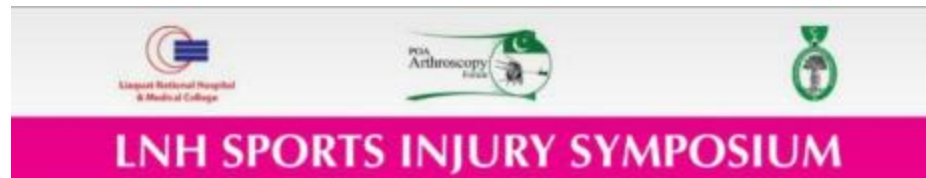
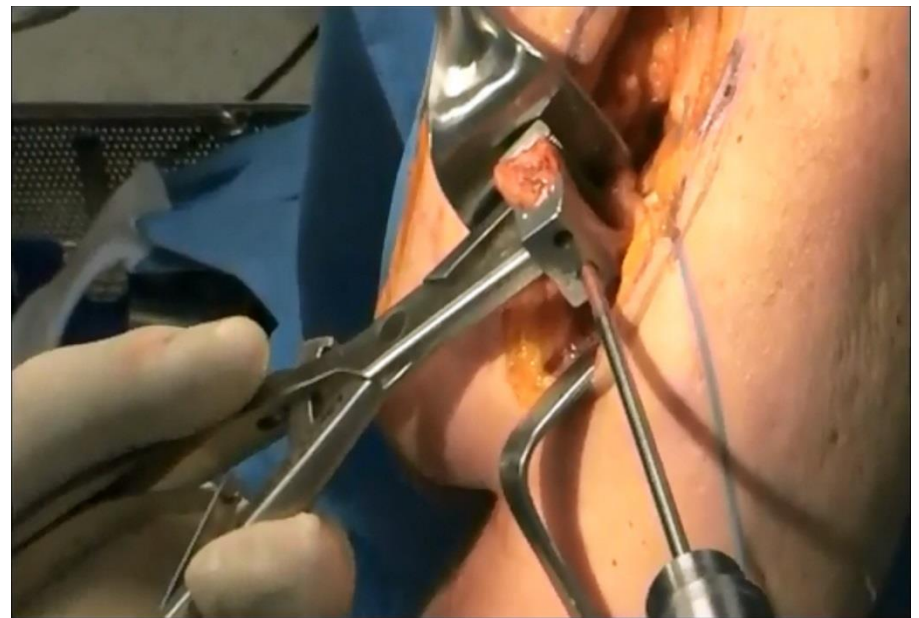




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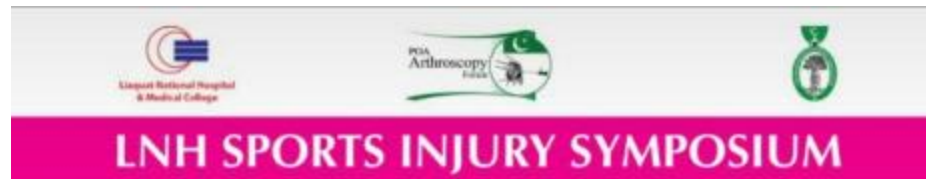
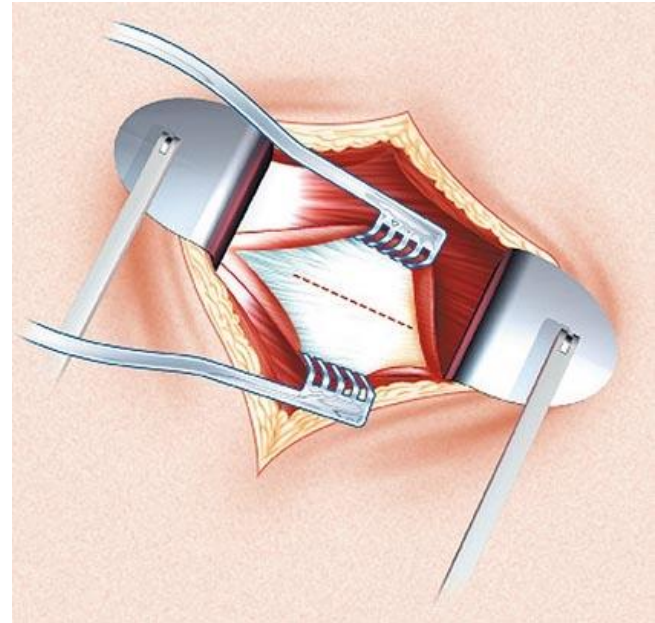
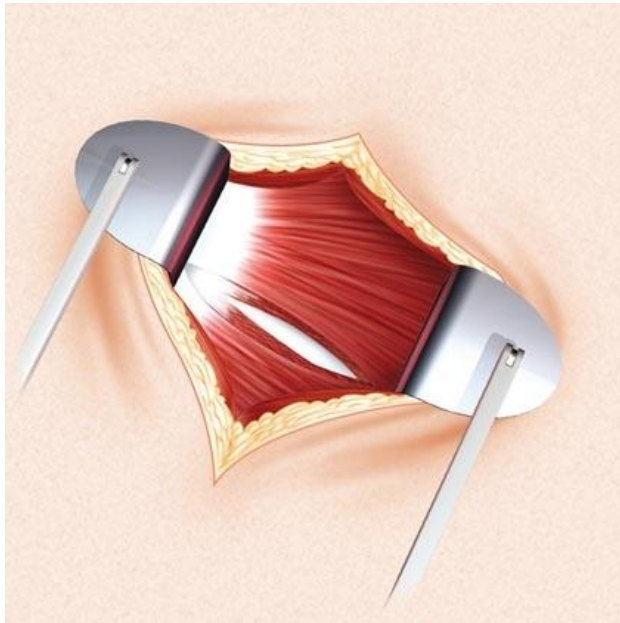


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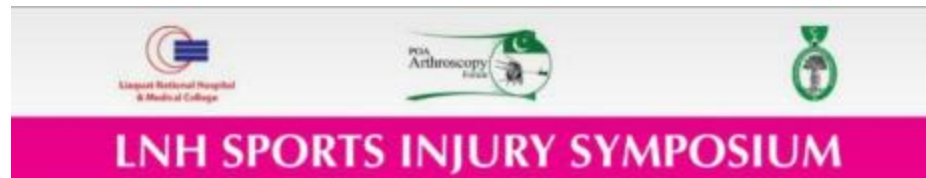
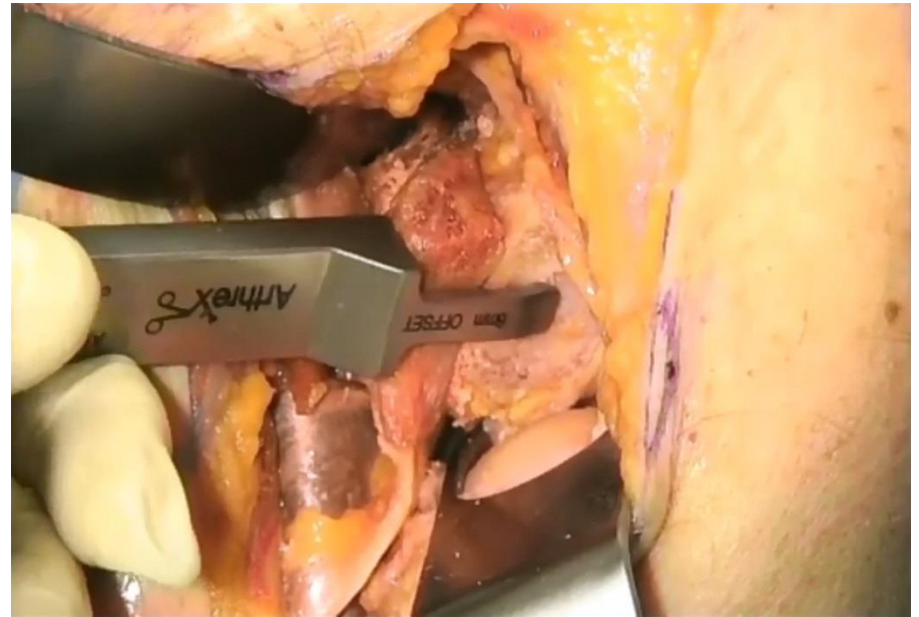




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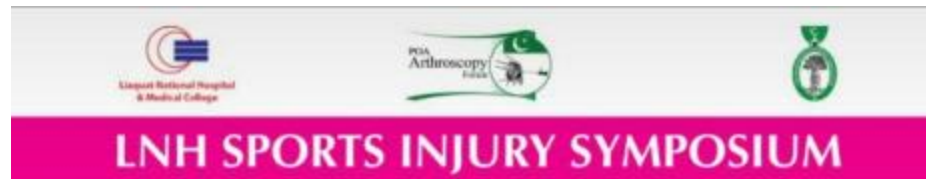
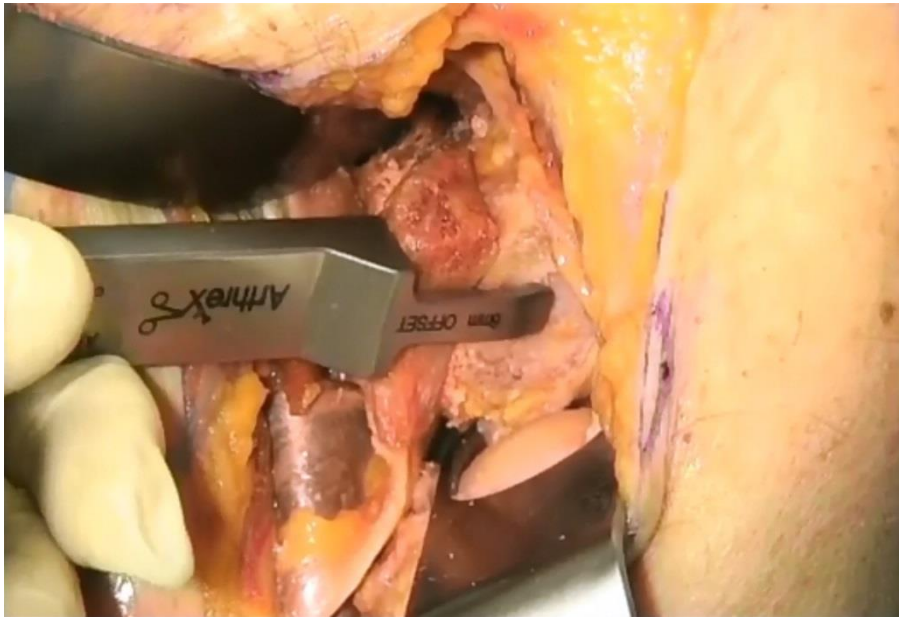


# Laterjet Indications/Results

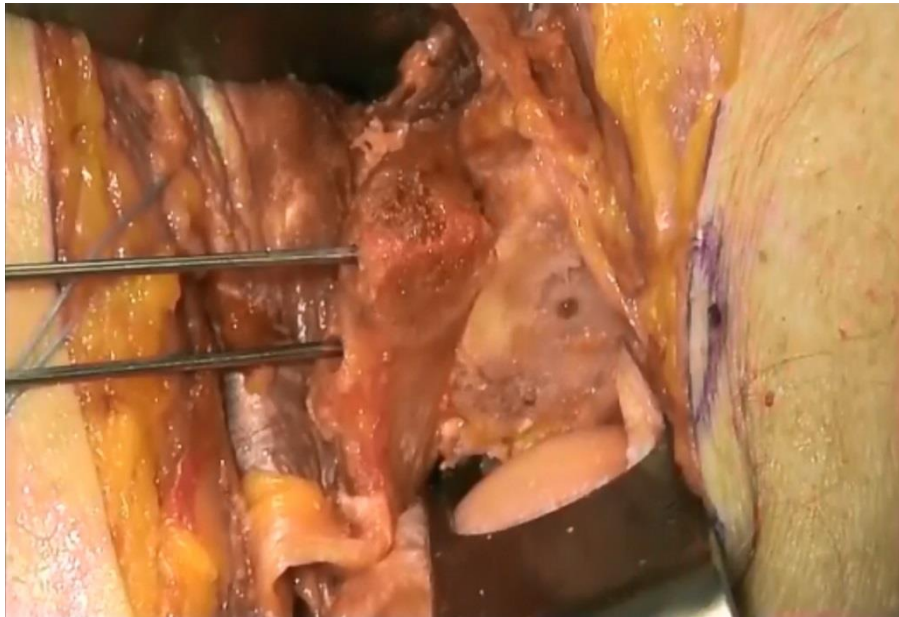




# Laterjet Indications/Results

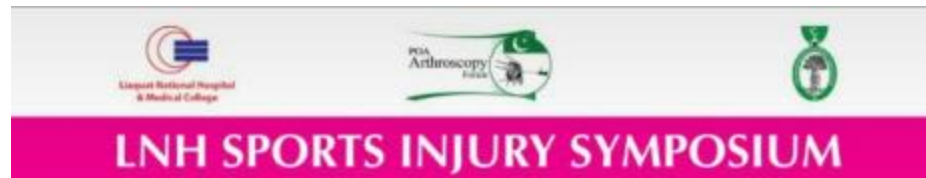
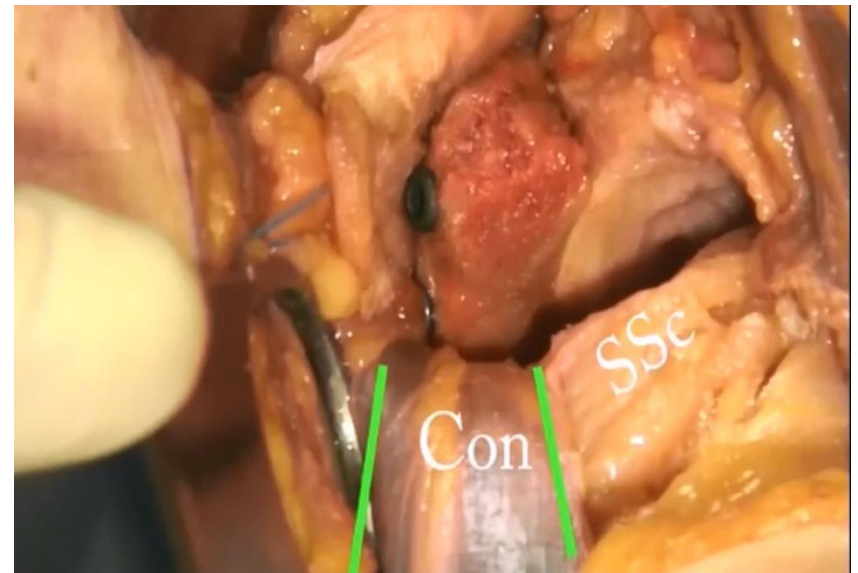


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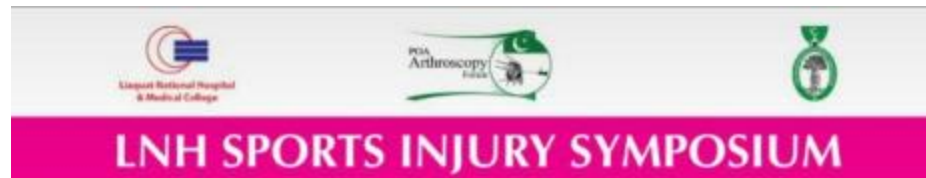
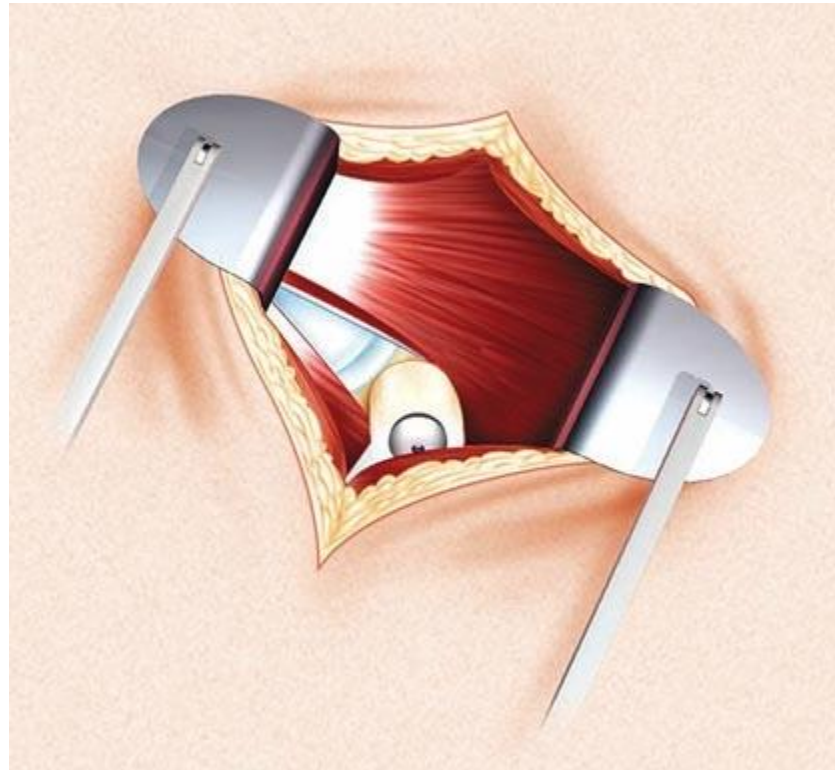




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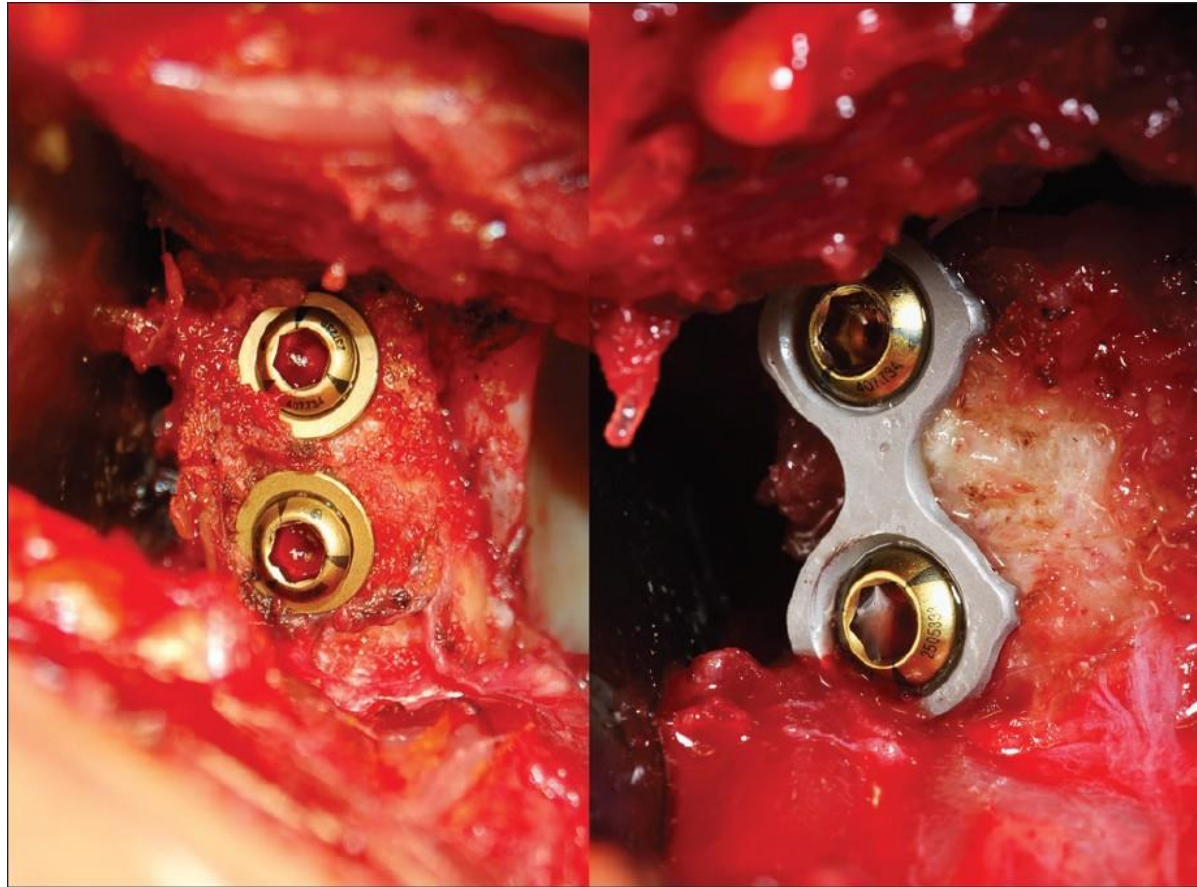


# Laterjet Indications/Results





# Laterjet Indications/Results



# Laterjet Indications/Results

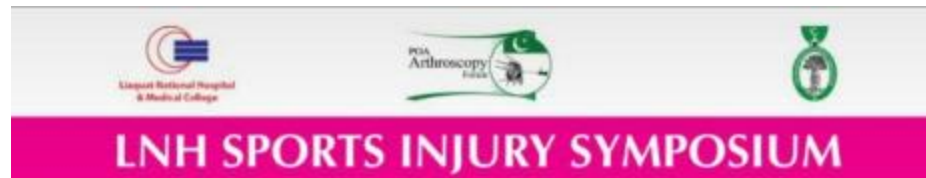
## The Sling Effect of the Conjoined Tendon

- Causes posteriorly-directed forces in abd-ER
- Prevents engagement of H-S
- Prevents H-S from overriding glenoid track
- Addresses glenoid and humeral defects with glenoid-based graft only



# Laterjet Indications/Results

## Results





# Laterjet Indications/Results

## Latarjet Results

- Walch, 1993

- 97% G/E at 4 year follow-up
- 1.2% recurrence (all etiologies for instability; with/without bone loss)





# Laterjet Indications/Results

## Latarjet Results

- Burkhart & DeBeer, 2004

- 101 patients, > 25% glenoid loss
- 5% recurrence rate, 5 year follow-up



# Laterjet Indications/Results

**Short-term Complications of the Latarjet Procedure**

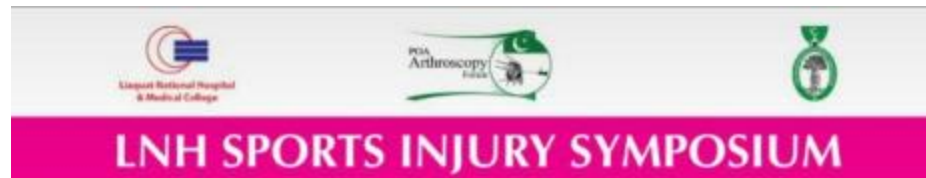
Anup A. Shah, MD, R. Bryan Butler, MD, James Romanowski, MD, Danny Goel, MD,  
Dimitrios Karadagli, FRCS, and Jon J.P. Warner, MD

*Investigation performed at Massachusetts General Hospital/Harvard Medical School, Boston, Massachusetts*

**JBJS 2012**

48 Latarjet procedures	<b>Overall rate = 25%</b>
Retrospective review	
45 shoulders for follow-up (94%)	
3 Groups of complications <ul style="list-style-type: none"><li>– Infection</li><li>– Instability</li><li>– Neurologic injury</li></ul>	

<b>Overall rate = 25%</b>
– Infection: 6%
–Instability: 8%
–Neurologic: 10% •Only 2 were permanent



# Laterjet Indications/Results

## Latarjet 90-Day Complications Rush Experience

133 patients (5 surgeons)

Average age  $28.5 \pm 11.8$  years

Males: 105 (75%)

Prior surgery: 99 (70%)

### Complications

- 3 infections (2 required I&D)
- 1 MC nerve injury (required surgery)
- 1 arthritis progression (required surgery)
- 1 recurrent instability (required surgery)
- 1 pain and subjective "stiffness" (required surgery)
- 1 CRPS
- 1 hematoma (resolved without surgery)
- 1 transient ulnar neuritis (resolved)
- 1 additional superficial infection at 104 days

7/10 patients with  
complications with  
prior history of  
surgery



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# Laterjet Indications/Results

	NUMBER OF PROCEDURES PERFORMED	FOLLOW-UP DURATION	REDISLOCATION RATE
ALLAIN (1998) <sup>14</sup>	95	14 years	0%
BURKHART (2007) <sup>13</sup>	102	5 years	3.9%
HOVELIUS (1983) <sup>19</sup>	112	2.5 years	6%
HOVELIUS (2004) <sup>15</sup>	118	15 years	3.4
SINGER (1995) <sup>20</sup>	14	20 years	0%
WALCH (1991) <sup>12</sup>	354	3 years	1%
WALCH (2000) <sup>7</sup>	160	3 years	1%





# Laterjet Indications/Results

**Table 3**

Total of complications found in the literature and in CHSJ, the University hospital. The data are presented as number and percentage of individuals that suffered the complication.

	Literature (962) n (%)	CHSJ (34) n (%)
<i>Instability</i>		
Redislocation	25 (2.6%)	1 (2.9%)
Subluxation	18 (1.9%)	–
Positive apprehension test	39 (4%)	1 (2.9%)
<i>Radiographic complications</i>		
Pseudarthrosis/nonunion/fibrous union	45 (4.7%)	2 (3.2%)
Graft dislocation	20 (2%)	–
Graft fracture	5 (0.5%)	–
Osteolysis/graft reabsorption	36 (3.7%)	2 (5.8%)
Arthrosis	122 (12.7%)	1 (2.9%)
Screw related complications	29 (3%)	6 (16.1%)*
Intraoperative complications	–	2 (5.8%)
<i>Functional complications</i>		
Range of motion limitation	389 (40.4%)	15 (44.1%)
Loss of strength	20 (2%)	–
<i>Pain</i>	118 (12.3%)	4 (11.7%)
<i>Hematoma</i>	9 (0.9%)	1 (2.9%)
<i>Infection</i>		
Superficial	11 (1.1%)	–
Deep	1 (0.1%)	–
<i>Neuromuscular/vascular complications</i>	35 (3.6%)	5 (14.7%)
<i>Revision surgery</i>	34 (3.5%)	4 (11.7%)*



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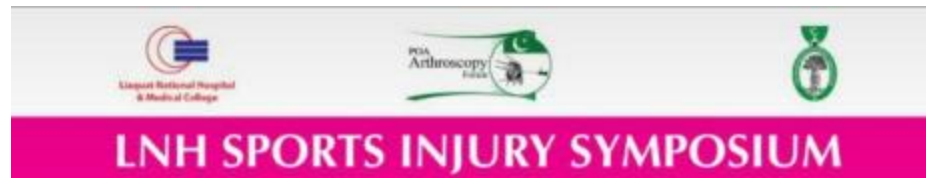
# Laterjet Indications/Results

## My Results

55 cases in 12 years

No infection

No instability



# Laterjet Indications/Results

## My Results

55 cases in 12 years

Some stiffness long-term

1 failure

needed removal of implant



# Laterjet Indications/Results

## Latarjet Results

- Walch, 1993

- 97% G/E at 4 year follow-up
- 1.2% recurrence (all etiologies for instability; with/without bone loss)





# Laterjet Indications/Results



future



# Laterjet Indications/Results

