

I am an Orthopaedic Consultant Surgeon working at Little Aston Spire Hospital Sutton Coldfield and Manor Teaching Hospital NHS Trust.

I completed my Specialist Training on the Birmingham Rotation, I spent some time in Southampton and in Sheffield with recognised advanced fellowships gaining experience in shoulders, elbow surgery hand and wrist and soft tissue injury surgery.

My primary interest is to achieve excellence in the management of the upper limb problems, without compromise.

I also provide a sports injury related service with comprehensive experience in all sports related injuries.

I also undertake more than 200 upper limb arthroscopies per year

I also undertake 50 shoulder and 10-15 elbow replacement per year.

I also provide a comprehensive service on hand and wrist orthopaedic patients including management of degenerative conditions

I have a special interest in shoulder arthroplasty especially the cuff deficient shoulder

I have been using SMR/Lima shoulder system since 2014

I have found the system extremely reliable and have excellent results with it

**My practice is now a SMR/Lima visitation site for Primary arthroplasties**

We have successfully hosted 3 events so far 6<sup>th</sup> Sept 2006, 9<sup>th</sup> May 2017 and 26<sup>th</sup> Sept 2017

I am looking forward to our next event In 14<sup>th</sup> May 2018

I am also now a consultant for Lima on Trauma Shoulder replacement system

I also lead the Midland arthroplasty Group (MAG)

I also am a faculty member on the cadaver course in Wrightington on wrist and hand fusions

I also am an invited faculty to The POA annual meeting ORTHOCON

I am also a member of European Shoulder Masters Group (ESMG)

I also teach on the Arthrex arthroscopy cadaver course

Last year I helped in the Shoulder replacement workshop and demonstrated a live replacement beside presenting 9 lectures and chairing some sessions at Orthocon 30

This year had a live shoulder arthroscopy session and presented 12 topics in Trauma Arthroscopy of upper limb and Shoulder arthroplasty at Orthocon 31

I have recently set-up a Website for dissemination of information that has something of interest for students of orthopaedics GPs, Patients and physios.

I enjoy the stimulus of teaching I believe it benefits the tutor as well as the student I consider it an integral and vital part of my own continuing education. I routinely present lectures on topics during orthopaedic teaching programs and teach students from university of Birmingham, I am also invited to the regional orthopaedic training programme to present and Chair meetings. I am on the faculty for the Basic surgical skills for junior doctors and GPs. I also am on the faculty for preparing registrars to take the specialist examination in Trauma and orthopaedics.



### **On-going Research**

I have been very keen to present and publish my experience and encourage my juniors.

I have various publications in print and scripts accepted for print, since joining Walsall Manor.

### **8th EFORT Congress 11 – 15 May 2007. Florence, ITALY.**

If All Else Fails Examine The Patient Saleemi, A.; Burney, A.; Shah, M.; Mian, T.; Alam, F.

### **5th SICOT/SIROT International Conference, Marakkah Morocco, August/September 2007**

: Shoulder and Elbow replacement: Can we predict the need of blood transfusion. Bhatti A, Shah M.

:Two year results of ACL Reconstruction with bio absorbable rigid fix Bhatti A, Shah M

:Minimal Invasive Surgery for benign tumour of proximal humerus. (Poster)

### **June 2009 at 10th EFORT Congress Vienna, Austria.**

Coding in Trauma & Orthopaedics: Errors And Implications. Shakir S, Bhatti A, Shah M

### **Sixth SICOT/SIROT Annual International Conference 29 October – 1 November 2009 Pattaya, Thailand**

No 22098: TUBEROPLASTY FOR MASSIVE IRREPAIRABLE ROTATOR CUFF TEARS

No 22062: ACJ PORTAL PLACEMENT REVISITED

No 22052: FAT PAD SIGN: SIGNIFICANCE IN ARTHROSCOPIC SUBACROMIAL DECOMPRESSION

### **19<sup>th</sup> Efort conference Barcelona .**

Poster Presentation at the 19th EFORT Congress, 30 May - 01 June 2018.

Abstract Number: 698

Abstract title: Prevalence Of Compartmental Osteoarthritis of the Knee in an Adult Patient

Population: A Retrospective Observational Study

Authors: Ossama Al-Obaedi, Kamran Shahid, Munawar Shah

## **Faculty and Invited Lectures**

### **Orthocon Invite Nov 2016 Karachi Pakistan As invited faculty delivered 9 lectures**



December 01, 2016

Pre Orthocon Shoulder Workshop

My Indications of Shoulder Arthroplasty

Humeral side exposure and preparation- tips and tricks

Surgical demonstration Live Surgery

December 02, 2016

session 1.2D

Session 1.2D Co- Chairman Shoulder and Elbow Arthroplasty

State of Art lecture 2 How I rationalize arthroplasty of Shoulder and Elbow

State of Art lecture 5 Post-operative management of complex shoulder arthroplasty cases

My Understanding of The PROPER trial.

Fractures of the Glenoid when and How do I fix them Session 1.4B

December 03, 2016 session 2.1 c

Limited fusion for degenerative wrist disease 2.1c

Wrist arthroscopy - An adjunct to wrist arthroplasty 2.2c

Session Chairman: Hand Surgery session 2.2c- Hand Arthroplasty and nerve injuries

Session Co- Chairman Hand Surgery session 2.1c- Miscellaneous

Arthroscopy & Sports injuries session 2.3A Hip Arthroscopy Indications & Techniques.

**Host Live Surgery Of shoulder Arthroplasty with LIMA Sept 2016, May 2017 and Sep 2017**



**Cadaveric Course Faculty Lavander medical May 2017**

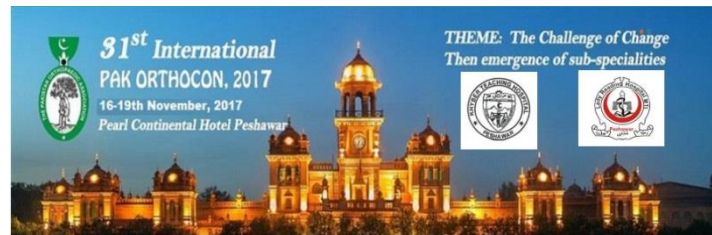
**Cadaveric Course Faculty Lavander medical September 2017**



**Invited Faculty European Masters Madrid October 2017**



## **Invited Faculty Orthocon 31 Peshawar Pakistan**



### **Future of orthopaedic training Chairperson**

(Whole session dedicated to training in Pakistan Orthocon 31 Nov 2017)

- Assessments and validation and career progression

Invited Lecture Pakistan ORTHOCO31 Nov 2017

- A new approach to training using the electronic media

Invited Lecture Pakistan ORTHOCO31 Nov 2017

### **Upper limb**

- Acute Scaphoid fracture- evaluation and treatment

Invited Lecture Pakistan ORTHOCO31 Nov 2017

- Shoulder arthroplasty - Current trends

Invited Lecture Pakistan ORTHOCO31 Nov 2017

### **Trauma**

- Elbow replacement in trauma my results

Invited Lecture Pakistan ORTHOCO31 Nov 2017

- Reverse shoulder replacement in trauma 3 year results of 55 consecutive cases

Invited Lecture Pakistan ORTHOCO31 Nov 2017

- Management of AC joint injuries

Invited Lecture Pakistan ORTHOCO31 Nov 2017

### **Sports Injuries**

- 48 hour brachial plexus block in resistant shoulders stiffness

Accepted as Presentation Pakistan ORTHOCO31 Nov 2017

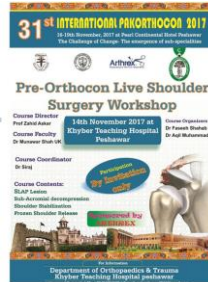
- Irreparable cuff Magic, Fairy Dust or new Technique

State Of Art Lecture Pakistan ORTHOCO31 Nov 2017

- Arthroscopic Tennis Elbow Release My way

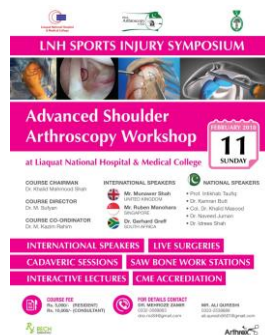
Invited Lecture Pakistan ORTHOCO31 Nov 2017

Live surgery /Lectures /Workshop Sports injuries Shoulder Nov 2017 KPK Pakistan



Invited Faculty Arthrex Munich cadaver course December 18<sup>th</sup> Dec 2017

Invited faculty Sports Injuries LNH Karachi 11/02/2018



## JOURNAL PUBLICATIONS

### 1. Publications in Print

- CT Scanning in Slipped Upper Femoral Epiphysis.

M Shah, J N O'Hara; Vol 80-B 2 July 1997 Journal of Bone and joint Surgery.

- Extensive subcutaneous emphysema following arthroscopy: a case report.

Deshmukh NV, Shah MM. Knee Surg Sports Traumatol Arthrosc. 2002 Mar; 10(2): 119-21.

- Acute Forearm Compartment Syndrome of Spontaneous Onset

T.S. Rajagopal & M.M. Shah International Orthopaedics SICOT Online reports EO18 January 2003

- Acetabular Cup displacement as an unusual mode of failure

T.S. Rajagopal & M.M. Shah International Orthopaedics SICOT Online reports EO19 January 2003

- Bilateral radial head fracture in a Marshal art athlete a case report

Deshmukh NV, Shah MM Br J Sports Med June 2003; 37: 270-271

- Bucket handle tear in retained meniscus following a Unicompartmental knee arthroplasty  
Shah M M, Yunus SA. Arthroscopy Vol 19. No 6 July, 2003; E51.

- An Unconventional method of fixation of an Isolated Metaphyseal Olecranon fracture in an adolescent with Osteogenesis Imperfecta. Yunus S A, Shah MM. Eur J Orthop Surg Traumatol (2004) 14: 119-121

- Isolated fracture of the Coracoid process associated with Unstable Shoulder  
Sridharasubramanian S, Khalik MA & Shah MM ANZ Journal of Surgery Volume 77, Issue 3, pages 188–189, March 2007

- Fluid gain during routine shoulder arthroscopy. Smith CD, Shah MM. J Shoulder Elbow Surg. 2008 May-Jun;17(3):415-7. Epub 2008 Feb 14.

- Scaphoid fracture with ipsilateral fracture dislocation of the metacarpals: a rare fracture pattern. Syed S, Shah M. J Coll Physicians Surg Pak. 2009 Apr;19(4):260-1.

- Spontaneous atraumatic Achilles tendon rupture in healthy individuals: biomechanical aspect. Syed S, Bhatti A, Shah MM. J Coll Physicians Surg Pak. 2009 Mar;19(3):195-7.

- Designer orthopaedic surgery in a patient with anti-Vel antibodies. Syed S, Bhatti A, Shah MM. J Coll Physicians Surg Pak. 2009 May;19(5):321-2.



- A modified switching stick technique to facilitate portal access in elbow arthroscopy.

Peter J Duggan, Kanthan Theivendran, Munawar M Shah. Orthopaedic Department, Walsall Manor Hospital, UK Annals Of Surgery Issue June 2009

- A simple and cost-effective technique to prevent turbulence and improve visualisation during shoulder arthroscopy K Theivendran, and MM Shah Volume: 93 Issue: 4, May 2011, pp. 324-325 <https://doi.org/10.1308/rcsann.2011.93.4.324> Published online: May 14, 2015

- The Arthroscopic prevalence of Medial Compartment Arthritis Of The knee.

Shah MM & Brown JN Printed by Journal of Pakistan academy of orthopaedic Surgery Oct 2017

- A Comparison of Braided Polyester Suture Fixation vs. Metal Tension Band Wiring in Patellar Fractures Shah M Sufyan M In print PJOA Nov 2017

## 2. Publications in Press

- A point score system for predicting blood transfusion following Shoulder and elbow arthroplasty. Shah M M, Sufyan M Accepted to PJOA Nov 2017

- How I Do It "Lateral collateral ligament repair of ankle" Shah MM & Brown JN Submitted to The Surgeon.

- Clinical Outcome of Anterior Cruciate Ligament Reconstruction with Quadrupled Hamstring Tendon Graft and Bio absorbable Rigidfix\* Shah MM & Brown JN Submitted to Arthroscopy

- Bilateral insufficiency fracture of neck of femur. Shah MM and Gibson RJ. Sufyan M Submitted to Journal of Royal Society of medicine.

- Management of fracture shoulder with SMR Reverse my 2 year follow up

Accepted JCPS Pakistan Nov 2017

- Empty fat sign to determine prognosis of Subacromial decompression in 1000 shoulder scopes Shah M Sufyan M presented to British Journal of shoulder and elbow
- ACJ Portal Revisited Accepted Shah M Sufyan M submitted in Annals Of Surgery

Live workshop Management of Shoulder instability FEB 2018 Karachi Pakistan

Cadaveric Course Faculty Lavander medical April 2018

Trauma and shoulder reverse seminar Verona Italy May 2018

Reverse Lima visitation May 2018

### Achievements this year






## Shoulder Master Course

Chairman: Dr Philippe Collin

20-21 October 2017,  
Madrid, Spain

**Invited Faculty**

- Philippe Collin (France)
- Gilles Walch (France)
- Luc Favard (France)
- Birgit Werner (Germany)
- Pierre Mansat (France)
- Jérôme Garnet (France)
- Markus Loew (Germany)
- Patrick Raiss (Germany)

Munawar Shah (UK)

- Frank Gohlke (Germany)
- Giuseppe Porcellini (Italy)
- George Athwal (Canada)
- Carlos Torrens (Spain)
- Emilio Calvo (Spain)
- Carl Ekholm (Sweden)
- Daniel Molé (France)
- Jean Chaoui (France)

