

I am an Orthopaedic Consultant Surgeon working at Little Aston Spire Hospital Sutton Coldfield and Manor Teaching Hospital NHS Trust.

I completed my Specialist Training on the Birmingham Rotation, I spent some time in Southampton and in Sheffield with recognised advanced fellowships gaining experience in shoulders, elbow surgery hand and wrist and soft tissue injury surgery.

My primary interest is to achieve excellence in the management of the upper limb problems, without compromise.

I also provide a sports injury related service with comprehensive experience in all sports related injuries.

I also undertake more than 200 upper limb arthroscopies per year

I also undertake 50 shoulder and 10-15 elbow replacement per year.

I also provide a comprehensive service on hand and wrist orthopaedic patients including management of degenerative conditions

I have recently trained and updated myself on Orthobiologics and a keen user of stem cell therapy

I have a special interest in shoulder Arthroplasty especially the cuff deficient shoulder

I have been using SMR/Lima shoulder system since 2014

I have found the system extremely reliable and have excellent results with it

My practice is now a SMR/Lima visitation site for Primary Arthroplasty

We have successfully hosted 5 events so far 6th Sept 2006, 9th May 2017 and 26th Sept 2017 and more recently 14th May 2018 and 27th November 2018, 8th October 2019 next one is in May 2020

We also successfully launched the MAG (Midland Shoulder Arthroplasty Group)

I am also now a consultant for Lima on Trauma Shoulder replacement system

I also lead the Midland Arthroplasty Group (MAG)

I also am a faculty member on the cadaver course in Wrightington on wrist and hand fusions

I also am an invited faculty to The POA annual meeting ORTHOCON Pakistan

I am also a member of European Shoulder Masters Group (ESMG)

In 2016 I helped in the Shoulder replacement workshop and demonstrated a live replacement beside presenting 9 lectures and chairing some sessions at Orthocon 30

In 2017 I had a live shoulder arthroscopy session and presented 12 topics in Trauma Arthroscopy of upper limb and Shoulder Arthroplasty at Orthocon 31

In 2018 I had a greater involvement in Orthocon 32 with 4 workshops and over 18 lectures.

In 2019 I Had 11 invited lectures chaired 4 sessions on Upper limb Arthroplasty, Upper limb arthroscopy and upper limb Trauma and Orthobiologics

I also conducted first live shoulder arthroscopy meeting at GTTH Lahore.

I also am heavily involved in safe practice on Orthobiologics and keen to educate public and surgeons

I also am a permanent faculty to the Liaquat national hospital sport injury symposium as both my fellows are now sport injury surgeons

I also am a regular feature in HULS upper limb symposia and do live surgeries and talks

I also have Core trainees and specialist Registrars as part of my Training Commitments.

I also have medical students for placement for 4 weeks quarterly from Birmingham Medical School

I also lead the Medical student's rotation in Trauma & Orthopaedics.

I also am part of the team that examines and assesses audit presentation at Birmingham Medical School.

I also teach on various media forums for trainees in Pakistan preparing for FCPS exams

I also am heavily involved in spreading education via electronic media with live lecture and discussions on the sports forum under umbrella of POA arthroscopy forum

I have recently set-up a Website for dissemination of information that has something of interest for students of orthopaedics GPs, Patients and physios.

I enjoy the stimulus of teaching I believe it benefits the tutor as well as the student I consider it an integral and vital part of my own continuing education. I routinely present lectures on topics during orthopaedic teaching programs and teach students from university of Birmingham, I am also invited to the regional orthopaedic training programme to present and Chair meetings. I am on the faculty for the Basic surgical skills for junior doctors and GPs. I also am on the faculty for preparing registrars to take the specialist examination in Trauma and orthopaedics.



On-going Research

I have been very keen to present and publish my experience and encourage my juniors.

I have various publications in print and scripts accepted for print, since joining Walsall Manor.

8th EFORT Congress 11 – 15 May 2007. Florence, ITALY.

If All Else Fails Examine The Patient Saleemi, A.; Burney, A.; Shah, M.; Mian, T.; Alam, F.

5th SICOT/SIROT International Conference, Marakkah Morocco, August/September 2007

: Shoulder and Elbow replacement: Can we predict the need of blood transfusion. Bhatti A, Shah M.

:Two year results of ACL Reconstruction with bio absorbable rigid fix Bhatti A, Shah M

:Minimal Invasive Surgery for benign tumour of proximal humerus. (Poster)

June 2009 at 10th EFORT Congress Vienna, Austria.

Coding in Trauma & Orthopaedics: Errors And Implications. Shakir S, Bhatti A, Shah M

Sixth SICOT/SIROT Annual International Conference 29 October – 1 November 2009 Pattaya, Thailand

No 22098: TUBEROPLASTY FOR MASSIVE IRREPAIRABLE ROTATOR CUFF TEARS

No 22062: ACJ PORTAL PLACEMENT REVISITED

No 22052: FAT PAD SIGN: SIGNIFICANCE IN ARTHROSCOPIC SUBACROMIAL DECOMPRESSION

19th Efort conference Barcelona .

Poster Presentation at the 19th EFORT Congress, 30 May - 01 June 2018.

Abstract Number: 698

Abstract title: Prevalence Of Compartmental Osteoarthritis of the Knee in an Adult Patient Population: A Retrospective Observational Study

Authors: Ossama Al-Obaedi, Kamran Shahid, Munawar Shah

Faculty and Invited Lectures

Orthocon Invite Nov 2016 Karachi Pakistan As invited faculty delivered 9 lectures



**Host Live Surgery Of Shoulder Arthroplasty with LIMA Sept 2016, May 2017 and Sep 2017 May 2018
Sept 2018 and October 2019**



Cadaveric Course Faculty Lavander medical May 2017

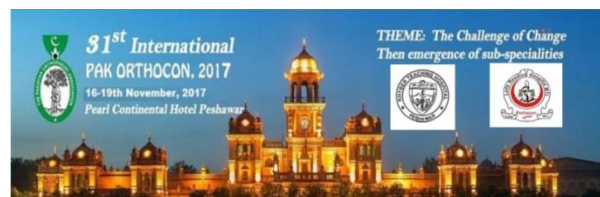
Cadaveric Course Faculty Lavander medical September 2017



Invited Faculty European Masters Madrid October 2017

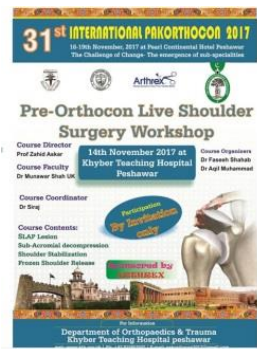


Invited Faculty Orthocon 31 Peshawar Pakistan



Future of orthopaedic training Chairperson

Live surgery /Lectures /Workshop Sports injuries Shoulder Nov 2017 KPK Pakistan



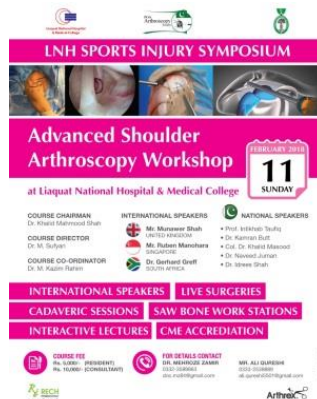
Invited Faculty Arthrex Munich cadaver course December 18th Dec 2017

Live workshop Management of Shoulder instability FEB 2018 Karachi Pakistan

Cadaveric Course Faculty Lavander medical April 2018

Trauma and shoulder reverse seminar Verona Italy June 2018

Invited faculty Sports Injuries LNH Karachi 11/02/2018



Faculty Shoulder Trauma Verona June 2018



Invited faculty Lahore Shoulder Course



Invited Faculty Orthocon 32Pakistan Nov 2018



32nd International Pakothcon 2018
Pre-Orthocon Workshop

Shoulder Arthroplasty
Live & Cadaver Surgery Workshop

on Thursday 15th Nov. 2018
at Liaquat National Hospital & Medical College, Karachi

Courses Chairmen Prof. Saad Usmani Course Director Dr. Muhammad Karim Nigadi Dr. Muhammad Saif Course Coordinator Dr. Muhammad Ahsan Sadiq International Faculty Mr. Mubeen Shah Mr. Ahsan Ali Mr. Saad Bhatti Mr. Saad Bhatti	Plenary in Chief Prof. Muhammad Usman National Faculty Prof. Ahsan Ali Prof. Saad Usmani Prof. Saad Usmani Dr. C. Chaito Venkatesh Dr. Ahsan Sadiq Dr. Naveed Iqbal Dr. S. Ali Akbar Dr. M. Usman Dr. M. Usman	Course Features Interactive lectures Video Cases Hands on Cadaver Surgery Live Surgery
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BE A PART OF

Surgical Training
& POTA Session

@ 32nd INTERNATIONAL
PAK ORTHOCON
2018

Date
Friday 16th November

Timings
2:30 pm to 3:45 pm

Venue
Hanna Hall
Prestige Convention Hotel,
Karachi

Course Fee
Continuation Fee: PKR 10,000
Resident: PKR 10,000

For Registration & Detail
Dr. Mubeen Shah
Mr. Ahsan Ali
Mr. Saad Bhatti
Mr. Saad Bhatti

32nd INTERNATIONAL PAKOTHCN 2018
SECRETARIAT

Dr. Mubeen Shah
Mr. Ahsan Ali
Mr. Saad Bhatti
Mr. Saad Bhatti

32nd INTERNATIONAL PAKOTHCN 2018
SECRETARIAT

Dr. Mubeen Shah
Mr. Ahsan Ali
Mr. Saad Bhatti
Mr. Saad Bhatti

Course Fee
Continuation Fee: PKR 10,000
Resident: PKR 10,000


For Registration & Detail
Dr. Mubeen Shah
Mr. Ahsan Ali
Mr. Saad Bhatti
Mr. Saad Bhatti



Chief Guest Poster competition



Invited faculty LNH Soft tissue injury Meeting April 2019 Karachi



Liaquat National Hospital & Medical College



PGA Arthroscopy Forum



PGA Arthroscopy Forum

LNH Sports Injury Symposium

27th - 28th April 2019
Liaquat National Hospital & Medical College Karachi

Chairman
Dr. Khalid M. Qazi

Course Directors
Dr. M. Sufyan
Dr. M. Kamran Rahim

Organizing Committee
Dr. Mubeen Zameer
Dr. Osama Wajid
Dr. Hani
Dr. Faisal
Dr. Naveed Khan

Symposium Secretariat
Dept. of Orthopedics, 2nd Floor, Block A, Liaquat National Hospital, Karachi, 74600, PP: 321 544 246-3

Mr. Munawar Shah
Consultant Shoulder Surgeon,
Vagstad Manor Hospital,
United Kingdom

Subject: Confirmation of lecture topics at Advanced knee & shoulder Arthroscopy Workshop on 27th & 28th April 2019.

Dear Mr. Shah:

As per our previous discussion regarding the workshops, the topics finalized for you to deliver talks are as follows:

Date	Topic	Timing
27/04/19	Interactive Mini CE on the knee	17:30-17:35
28/04/19	Workshop (Self Study) - All-arthroscopic vs Open Repair	09:30-09:35
28/04/19	Interactive Shoulder Self - KAPPA of TAPV	09:40-09:55
28/04/19	Distal	17:30-17:35
28/04/19	Live surgery - Bankart repair	11:10-12:30


Awaiting your kind response.


Dr. M. Sufyan
Course Director



Dr. M. Kamran Rahim M.D.
Course Coordinator

Workshop Director: Dr. Mubeen Zameer, the undersigned will be attending the workshop. LNH Sports Injury Symposium on 27th & 28th April 2019.


4th April 2019



Liaquat National Hospital & Medical College



PGA Arthroscopy Forum



PGA Arthroscopy Forum

LNH Sports Injury Symposium

Advance Shoulder Arthroscopy Workshop

on Sunday 28th April, 2019,
at Liaquat National Hospital & Medical College


Course Chairman
Dr. Khalid Mahmood Shah


Course Co-Chairman
Prof. Syed Shahid Noor


Course Director
Dr. Muhammad Sufyan

Course Co-Ordinator
Dr. M. Kamran Rahim


International Faculty


Mr. Munawar Shah
United Kingdom


Mr. Ali Noorani
United Kingdom


Mr. Ziyad-el-Quirem
Jordan

National Faculty


Dr. Col. Khalid Masood
Dr. Kamran Butt
Dr. Umer Butt
Dr. Naved Juman
Dr. Idrees Shah

INTERNATIONAL SPEAKERS

SAW BONE WORK STATIONS


LIVE SURGERIES

INTERACTIVE LECTURES

CADAVERIC SESSIONS

CME ACCREDITATION

Liaquat National Hospital & Medical College



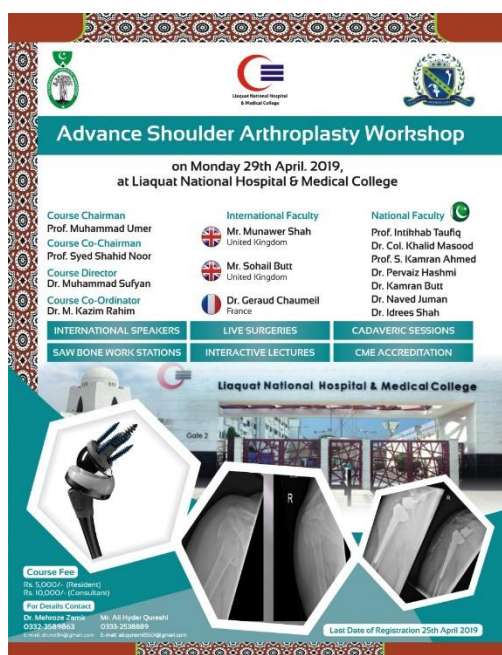
Course Fee
Rs. 5,000/- (Residents)
Rs. 10,000/- (Consultants)

For Details Contact
Dr. Mubeen Zameer
0333-3660663
E-mail: dmubeen@lnh.com

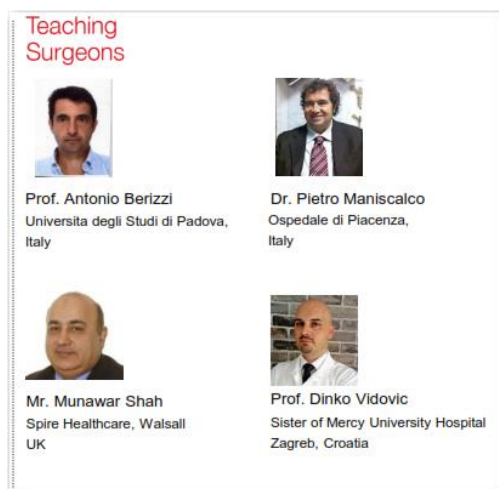
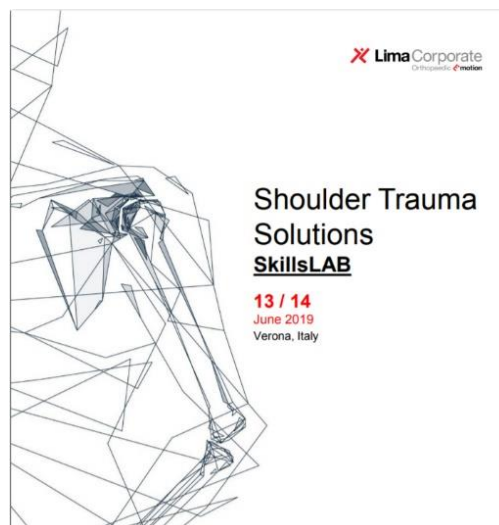
Dr. Ali Hyder Qureshi
0333-3660663
E-mail: ali.hyder@lnh.com

Last Date of Registration 25th April 2019

Invited faculty Pakistan Arthroplasty society



Invited Faculty and Chair shoulder trauma solutions Verona June 2019



Invited faculty Trauma Prague June 2019



Management of clavicle fractures in Children PPT presentation

Invited faculty HULS 2 Lahore Oct 2019



Did 6 talks and 2 live surgeries

Invited faculty Orthocon 33 Lahore Nov 2019



I am also designated coordinator for Instructional course lectures Orthocon33 Pakistan

I am also introducing upper limb arthroplasty to the Pakistan Arthroplasty Society and have a full session approved to this topic .





33rd INTERNATIONAL PAK ORTHOCON 2019

Nov. 14-17, 2019 Pearl Continental Hotel Lahore



Young Pakistan
Invention
Innovation

INTERNATIONAL FACULTY



Dr. Irfan Eserkaya
Vice President of IOTBD Board Directors,
Turkish Society of Orthopaedics
& Traumatology (TSOT)



Dr. Mahmud Nadim DORAL
President
Asia Pacific Orthopaedic Association
(APOA)



Mr. Bob Handley
Vice President
British Orthopaedic Association
(BOA)



Dr. Suhail Suresh
Council Member
Malaysian Orthopaedic Association
(MOA)



Prof. Maurizio A. Catagni
President
A.S.A.M.I. Italy



Prof. Dr. Ulunay Kanallı
Head, Department of Orthopaedics
Gazi University, Turkey



Prof. Hofmann Siegfried
Professor of Orthopaedic Surgery
UH Munk, Austria



Mr. Tanveer Sadique
Consultant Orthopaedic Surgeon
Manor Teaching Hospital, UK



Mr. Munawar Shah
Consultant Orthopaedic Surgeon
Manor Teaching Hospital, UK



INVITATION

TO
ALL INTERNATIONAL FACULTY

IN
MEET THE EXPERTS SESSION@BREAKFAST

33rd INTERNATIONAL PAK ORTHOCON 2019

Agenda: Fellowship opportunities abroad for
aspiring Young Pakistani Orthopaedics

Date: Friday 15th & Saturday 16th, November 2019

Time: 7:30 to 8:15 am

Venue: Bukhara Hall

Pearl Continental Hotel, Lahore

33rd PAK ORTHOCON 2019
SECRETARIAT
Email: pakorthocon2019@gmail.com

11/2/2019

Commitment Schedule as Faculty of 33rd International Pak Orthocon 2019

From: Pak Orthocon 2019 <pakistanorthocon2019@gmail.com>**To:** m shah <shahmunawar@aol.com>**CC:** Pak Orthocon 2019 <pakistanorthocon2019@gmail.com>; ksiddiqui36 <ksiddiqui36@gmail.com>; Khalilgill <drkhalilgill@yahoo.com>; Syed Shahid Noor <ssnoor.lnh@gmail.com>; pkmahmudshah <pkmahmudshah@gmail.com>; Khalid Masood <kmasoodsurg@hotmail.com>; kazimnajjad <kazimnajjad@gmail.com>; PROF SAB <rdnadeem@yahoo.com>**Subject:** Commitment Schedule as Faculty of 33rd International Pak Orthocon 2019**Date:** Sat, 2 Nov 2019 16:41**Attachments:** Scientific Draft 2019 2 Nov.pdf (121K)

Dear Mr. Munawer Shah,

I hope this e-mail finds you well. The annual mega scientific event is fast approaching. The scientific committee appreciates your academic contributions. Below please find the schedule of your scientific commitments this year on behalf of Prof. Syed Kamran Siddiqui, Chairman Scientific Committee and Prof. Khalil Ahmed Gill, Chairman Pak Orthocon 2019.

Time		Duration	Topic	Date
From	To			
Chairman of Arthroplasty IV - Elbow & Shoulder (Zakria Hall)				
4:00 PM	5:45 PM	105 mins	Arthroplasty IV - Elbow & Shoulder	15th November 2019
Arthroplasty IV - Elbow & Shoulder (Zakria Hall)				
4:10 PM	4:20 PM	10 mins	Shoulder is not a hip should I do it	15th November 2019
5:10 PM	5:20 PM	10 mins	Revision shoulder Arthroplasty	15th November 2019
Co-Chairman of Surgical Training - POTF (Qasim Hall)				
8:30 AM	10:30 AM	120 mins	Surgical Training - POTF	16th November 2019
Orthobiologics (Qasim Hall)				
11:05 AM	11:15 AM	10 mins	Monocytes - new kid on the block.	16th November 2019
11:25 AM	11:35 AM	10 mins	Management of Epicondylitis of elbow.	16th November 2019
11:45 AM	11:55 AM	10 mins	Biologics in cuff repairs.	16th November 2019
Hand Surgery II (Shams Tabrez Hall)				
12:00 PM	12:10 PM	10 mins	Diagnostic and Therapeutic role of wrist Arthroscopy in Hand Surgery	16th November 2019
Co-Chairman of Arthroscopy & Sports Surgery II(Zakria Hall)				
3:30 PM	5:30 PM	120 mins	Arthroscopy II & Sports Surgery	16th November 2019
Arthroscopy & Sports Surgery II (Zakria Hall)				
4:05 PM	4:20 PM	15 mins	Balloon in irreparable cuff tear.	16th November 2019
Co-Chairman of Trauma VI - Upper Limb II (Qasim Hall)				
10:45 AM	1:10 PM	145 mins	Trauma VI - Upper Limb II	17th November 2019
Trauma VI - Upper Limb II (Qasim Hall)				
10:50 AM	11:20 AM	30 mins	Shoulder symposia trauma	17th November 2019
12:00 PM	12:10 PM	10 mins	Pec Major tear	17th November 2019
Information Technology & Registry (Shams Tabrez Hall)				
10:10 AM	10:20 AM	10 mins	Education with media apps	17th November 2019

Kindly submit your presentations by 10th November to Pakistanorthocon2019@gmail.com. Attached please also find Summarized Scientific Grid of 33rd Pak Orthocon 2019. Looking forward to welcome you soon.

I kindly request your confirmation after you receive the e-mail.

Regards

JOURNAL PUBLICATIONS

1. Publications in Print

- CT Scanning in Slipped Upper Femoral Epiphysis.

M Shah, J N O'Hara; Vol 80-B 2 July 1997 Journal of Bone and joint Surgery.

- Extensive subcutaneous emphysema following arthroscopy: a case report.

Deshmukh NV, Shah MM. Knee Surg Sports Traumatol Arthrosc. 2002 Mar; 10(2): 119-21.

- Acute Forearm Compartment Syndrome of Spontaneous Onset

T.S. Rajagopal & M.M. Shah International Orthopaedics SICOT Online reports EO18 January 2003

- Acetabular Cup displacement as an unusual mode of failure

T.S. Rajagopal & M.M. Shah International Orthopaedics SICOT Online reports EO19 January 2003

- Bilateral radial head fracture in a Martial art athlete a case report

Deshmukh NV, Shah MM Br J Sports Med June 2003; 37: 270-271

- Bucket handle tear in retained meniscus following a Unicompartmental knee arthroplasty
Shah M M, Yunus SA. Arthroscopy Vol 19. No 6 July, 2003; E51.

- An Unconventional method of fixation of an Isolated Metaphyseal Olecranon fracture in an adolescent with Osteogenesis Imperfecta. Yunus S A, Shah MM. Eur J Orthop Surg Traumatol (2004) 14: 119-121

- Isolated fracture of the Coracoid process associated with Unstable Shoulder

Sridharasubramanian S, Khalik MA & Shah MM ANZ Journal of Surgery Volume 77, Issue 3, pages 188–189, March 2007

- Fluid gain during routine shoulder arthroscopy. Smith CD, Shah MM. J Shoulder Elbow Surg. 2008 May-Jun;17(3):415-7. Epub 2008 Feb 14.
- Scaphoid fracture with ipsilateral fracture dislocation of the metacarpals: a rare fracture pattern. Syed S, Shah M. J Coll Physicians Surg Pak. 2009 Apr;19(4):260-1.
- Spontaneous atraumatic Achilles tendon rupture in healthy individuals: biomechanical aspect. Syed S, Bhatti A, Shah MM. J Coll Physicians Surg Pak. 2009 Mar;19(3):195-7.
- Designer orthopaedic surgery in a patient with anti-Vel antibodies. Syed S, Bhatti A, Shah MM. J Coll Physicians Surg Pak. 2009 May;19(5):321-2.
- A modified switching stick technique to facilitate portal access in elbow arthroscopy.
Peter J Duggan, Kanthan Theivendran, Munawar M Shah. Orthopaedic Department, Walsall Manor Hospital, UK Annals Of Surgery Issue June 2009
- A simple and cost-effective technique to prevent turbulence and improve visualisation during shoulder arthroscopy K Theivendran, and MM Shah Volume: 93 Issue: 4, May 2011, pp. 324-325 <https://doi.org/10.1308/rcsann.2011.93.4.324> Published online: May 14, 2015
- The Arthroscopic prevalence of Medial Compartment Arthritis Of The knee.
Shah MM & Brown JN Printed by Journal of Pakistan academy of orthopaedic Surgery Oct 2017
- A Comparison of Braided Polyester Suture Fixation vs. Metal Tension Band Wiring in Patellar Fractures Shah M Sufyan M In print PJOA Nov 2017
- Arthroscopic Tennis Elbow Release My Understanding and How I Do It PAOS journal Nov 2017
- RIGIDFIX BOTH ENDS: CLINICAL OUTCOME OF ANTERIOR CRUCIATE LIGAMENT RECONSTRUCTION WITH QUADRUPLED HAMSTRING TENDON GRAFT AND BIOABSORBABLE RIGIDFIX

Bhatti A, Shah M, Brown J N Published Online:21 Feb 2018 British Association for Surgery of the Knee

- Medial Compartment OA what is the role in Uni Knee article ECOR-18-RA-387: EC Orthopaedics Nov 2018
- Bilateral insufficiency fracture of neck of femur. Shah MM and Gibson RJ. Sufyan M PJOA may 2018
- Compartmental Osteoarthritis of the Knee in an Adult Patient Population: A Retrospective Observational Study article ECOR-18-RA-387: EC Orthopaedics Nov 2018
- Prevalence of Compartmental Osteoarthritis of the Knee in an Adult Patient Population: A Retrospective Observational Study". EC Orthopaedics 9.10 (2018): 774-780.
- Ghani R, Archer J E, Shah M (July 16, 2019) Minimising Tourniquet Time and Post-operative Pain During Carpal Tunnel Decompression. Cureus 11(7): e5146. doi:10.7759/cureus.5146
- A Point Score System for Predicting the Likelihood of Blood Transfusion After Shoulder and Elbow Arthroplasty. **Journal of Pakistan Orthopaedic Association**, [S.l.], v. 32, n. 03, p. 89-93, oct. 2019. ISSN 2076-8966.

2. Publications in Press

- How I Do It "Lateral collateral ligament repair of ankle" Shah MM & Brown JN Submitted to The Surgeon.
- Management of fracture shoulder with SMR Reverse my 2 year follow up
Accepted JCPS Pakistan Nov 2017
- Empty fat sign to determine prognosis of Subacromial decompression in 1000 shoulder scopes
Shah M Sufyan M presented to British Journal of shoulder and elbow
- ACJ Portal Revisited Accepted Shah M Sufyan M submitted in Annals Of Surgery