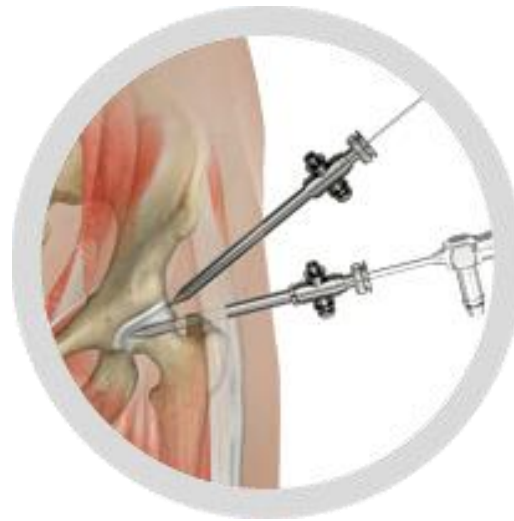


Hip Arthroscopy My Way



Munawar Shah





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Aim

What is The Pathology ?

How To, Assess it ?

What can be done ?



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Groin Pain !





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Wait until you need a Hip Replacement.



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Wait until you need a Hip Replacement.



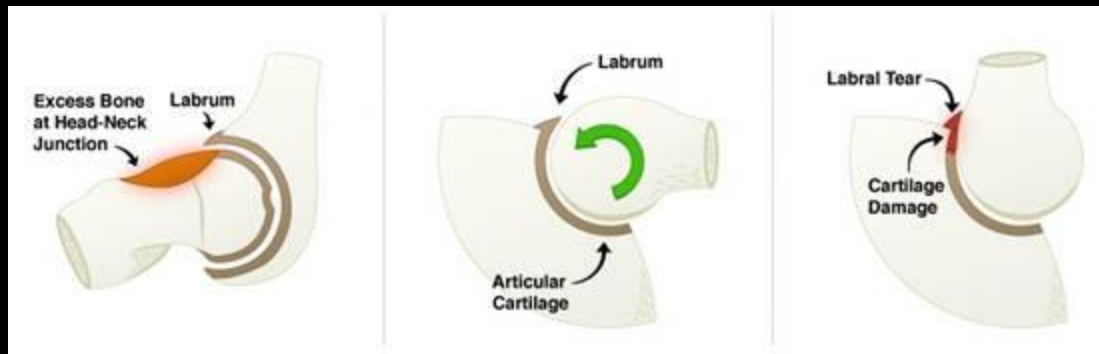


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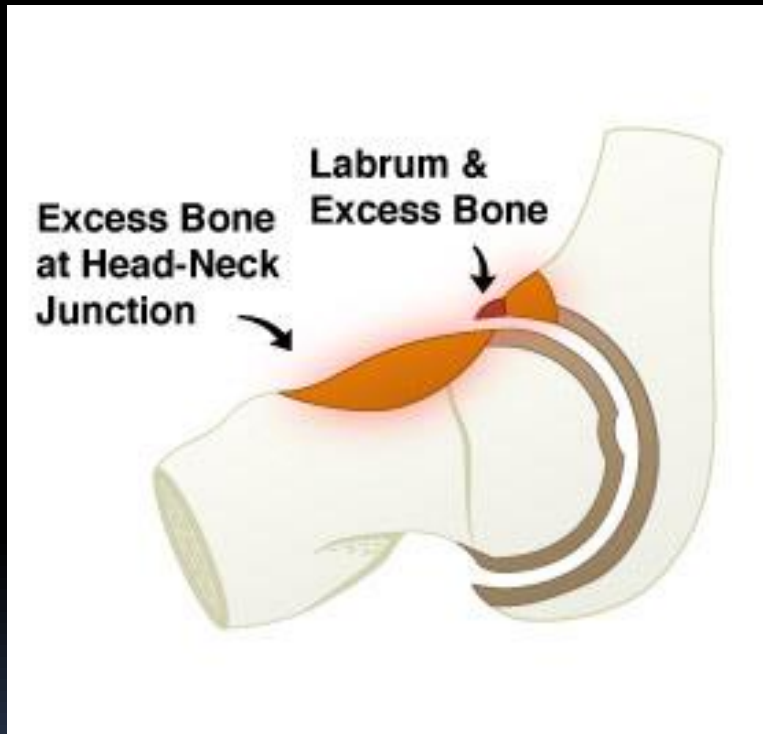
FAI



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Pain is Diffuse Poorly localised

50% Back Pain Work

Leap Of Faith



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It is obvious



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Vague



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Have A Plan.





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Simple & Reproducible.





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Simple & Reproducible.



Look, Feel & Move

Special Tests

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C Sign



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Posture



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Log Roll



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Anterior Impingement



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Instability



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ITB



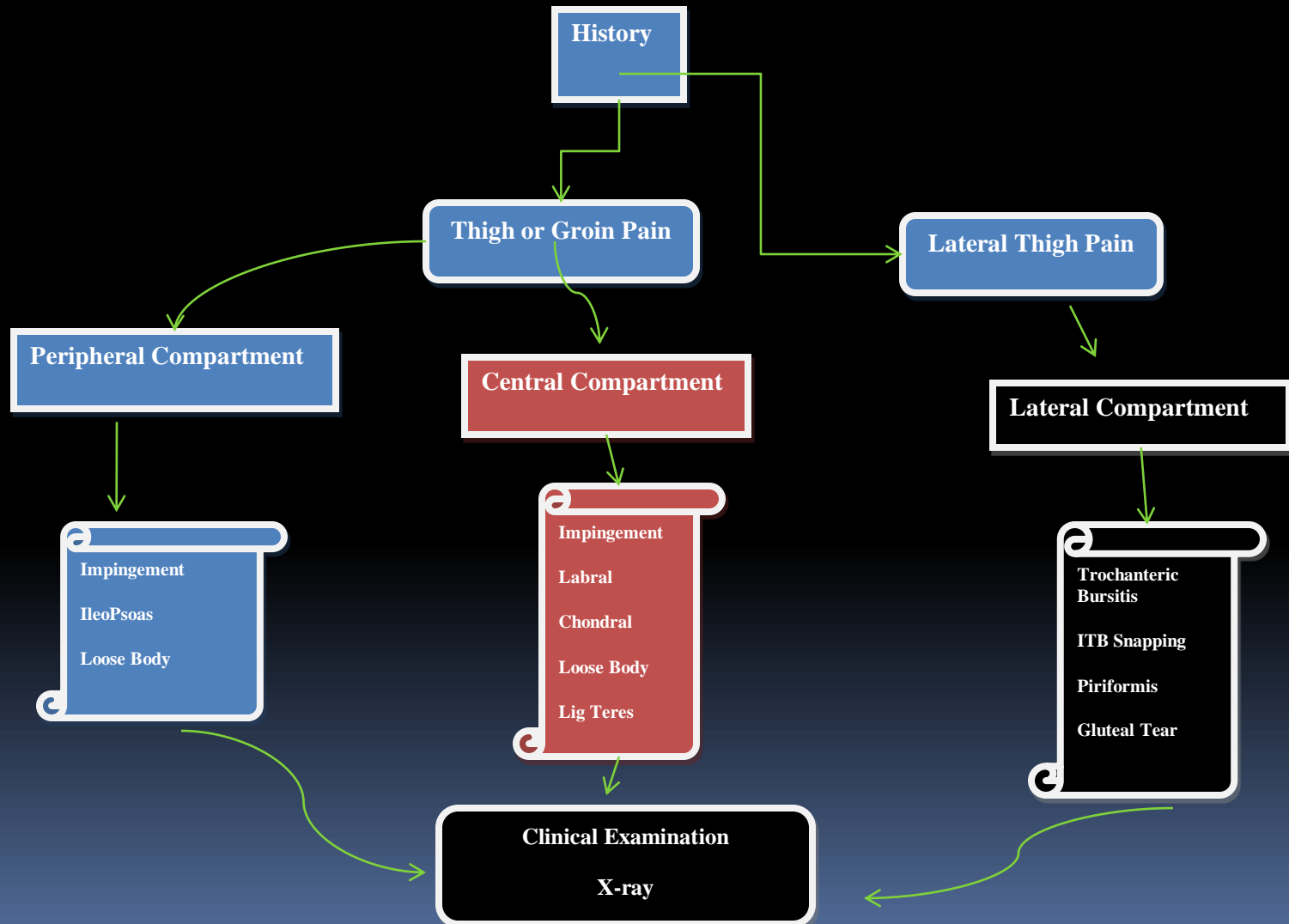
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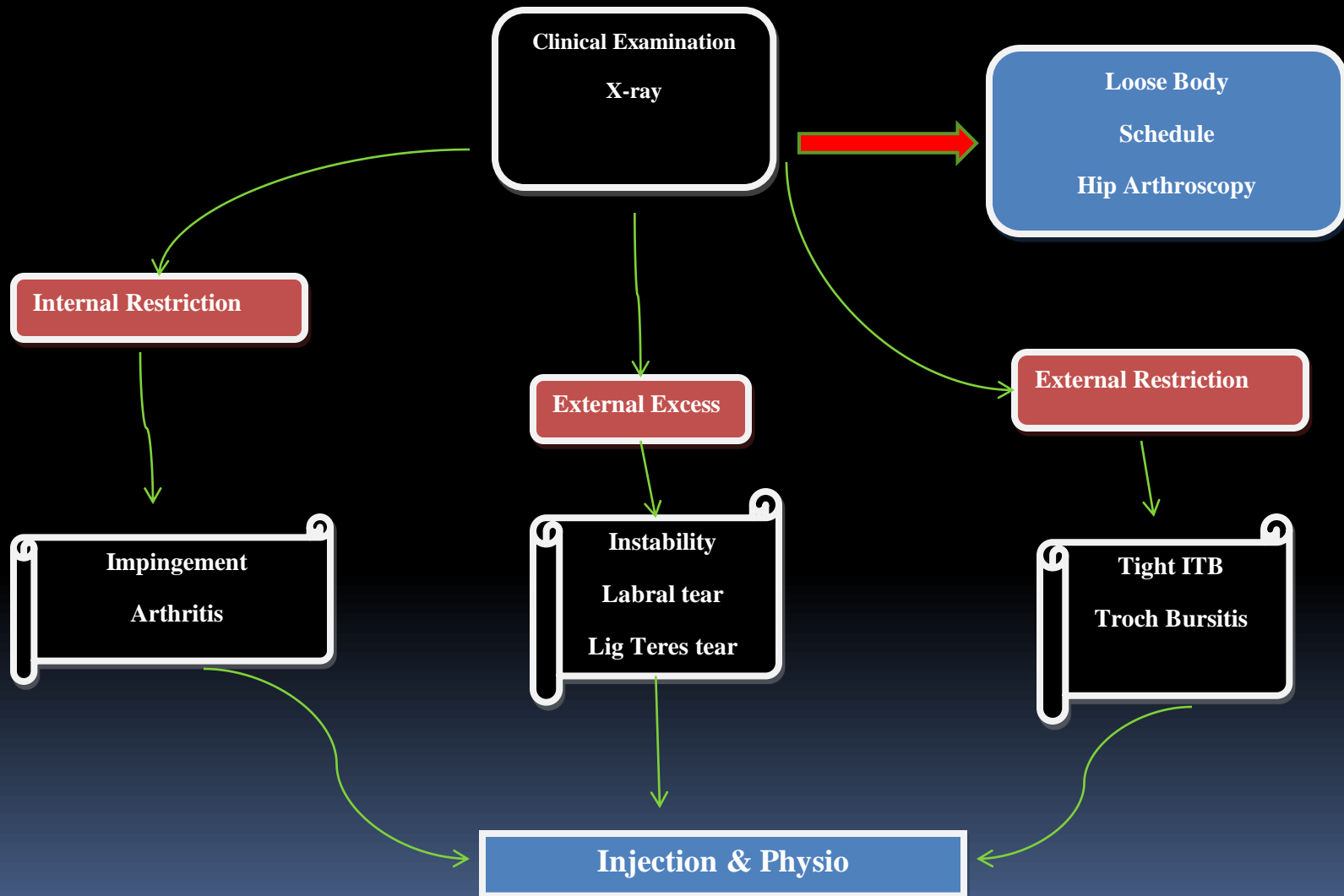
Concepts & Emerging Techniques



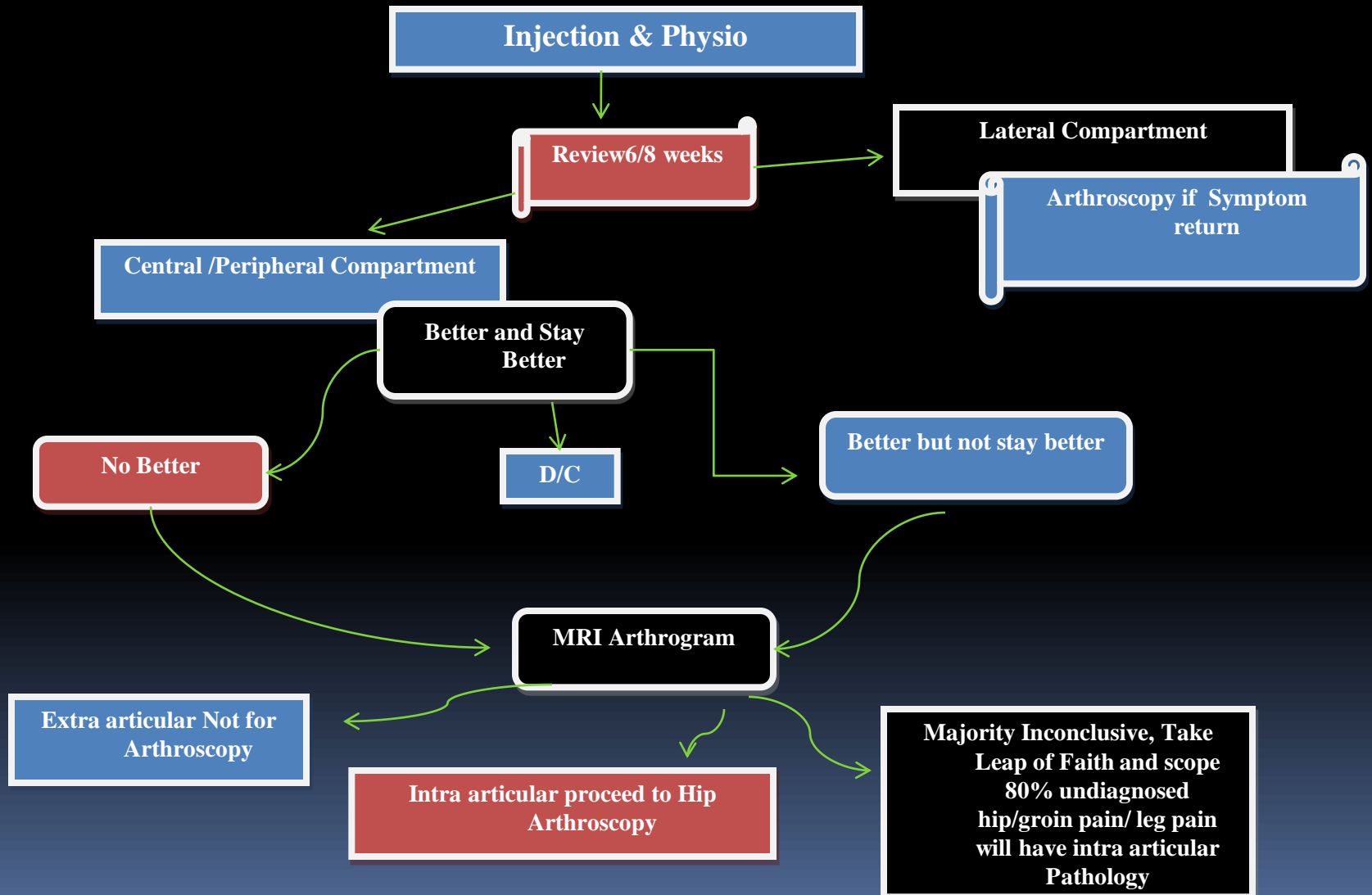
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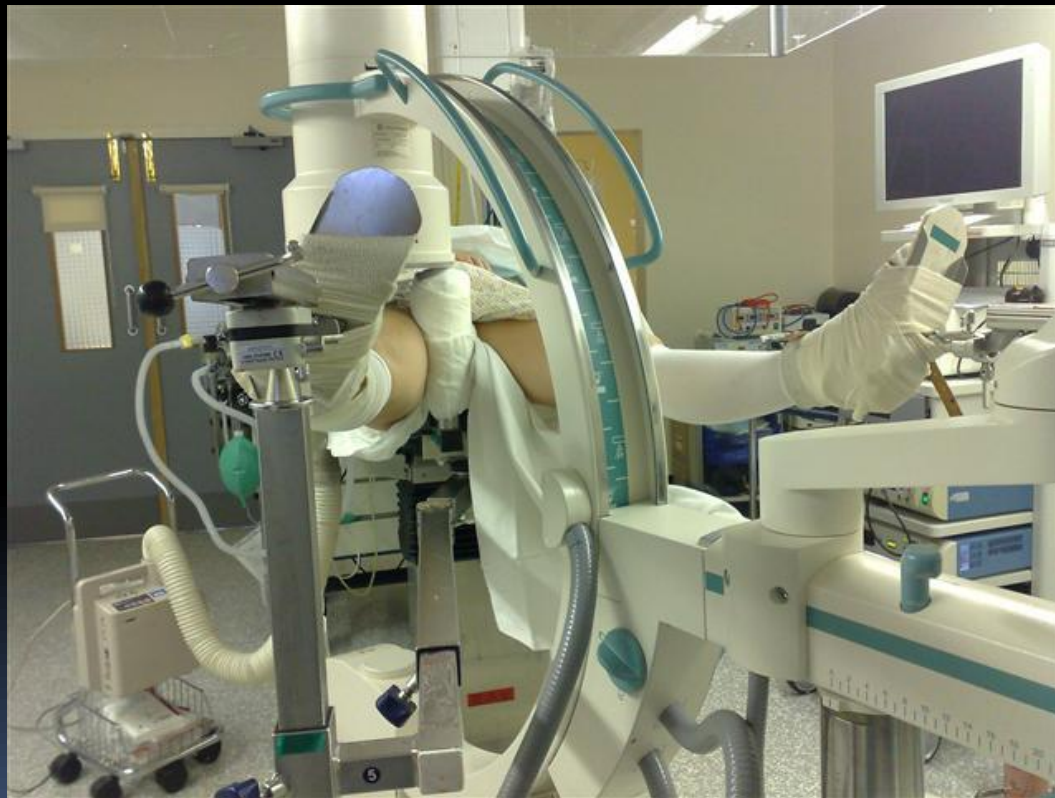
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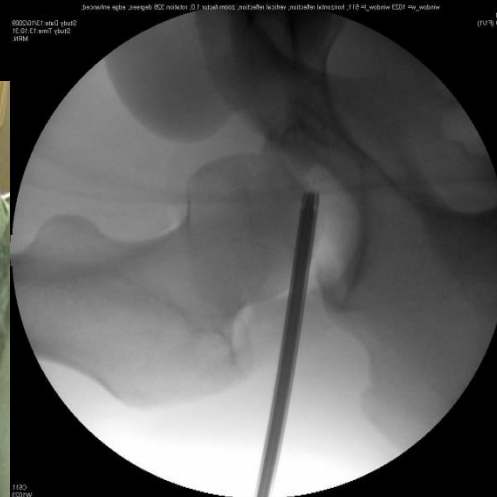
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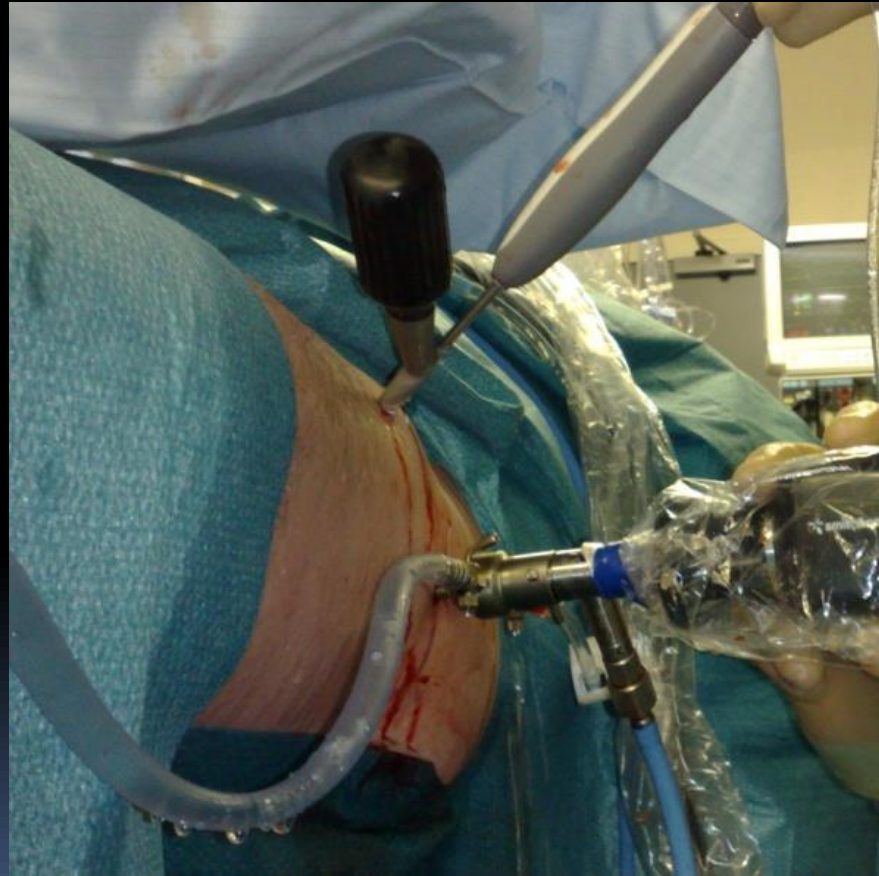
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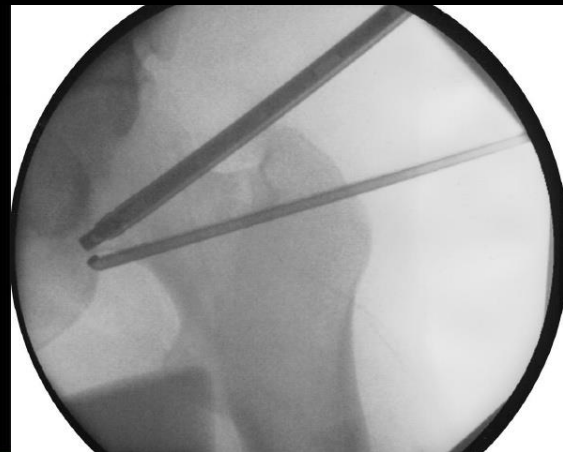
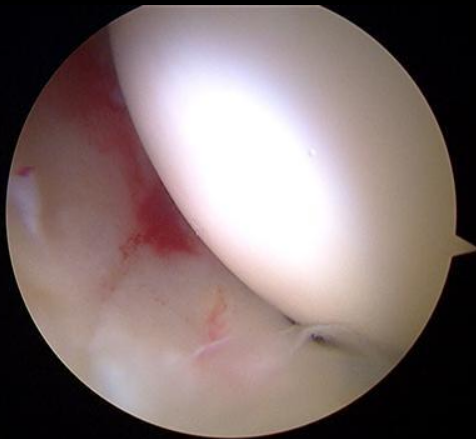
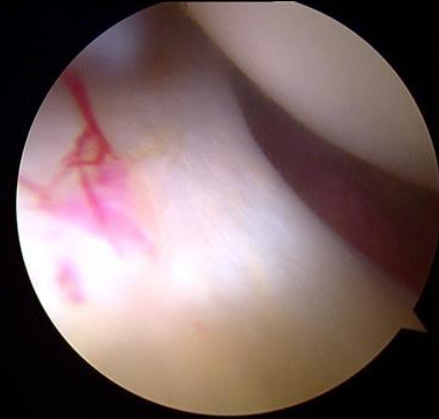
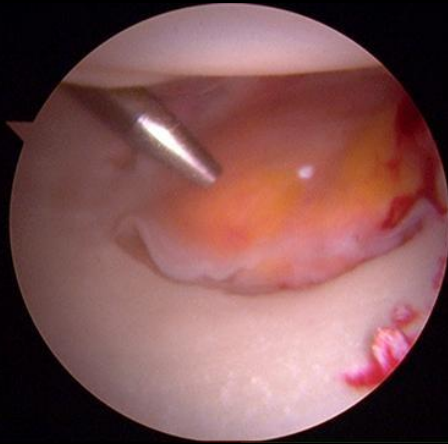
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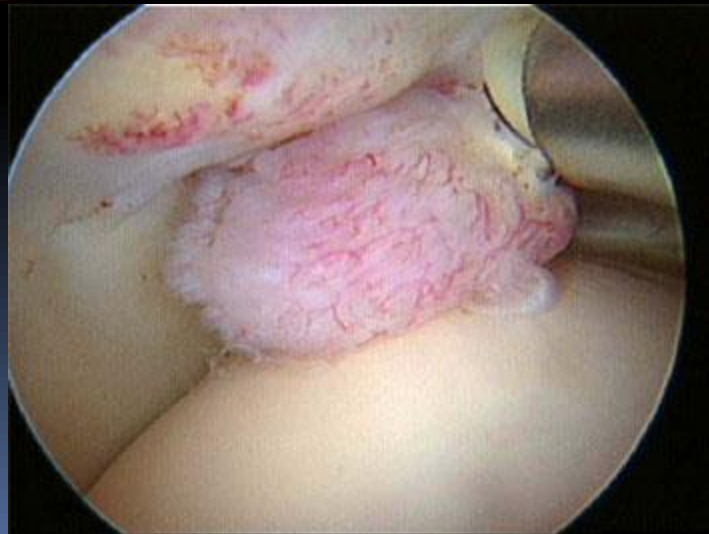
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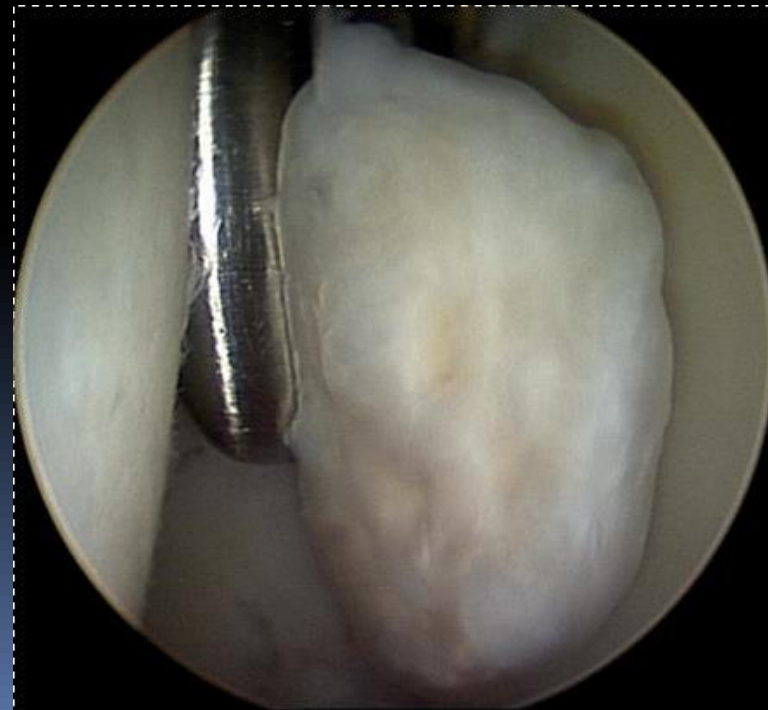
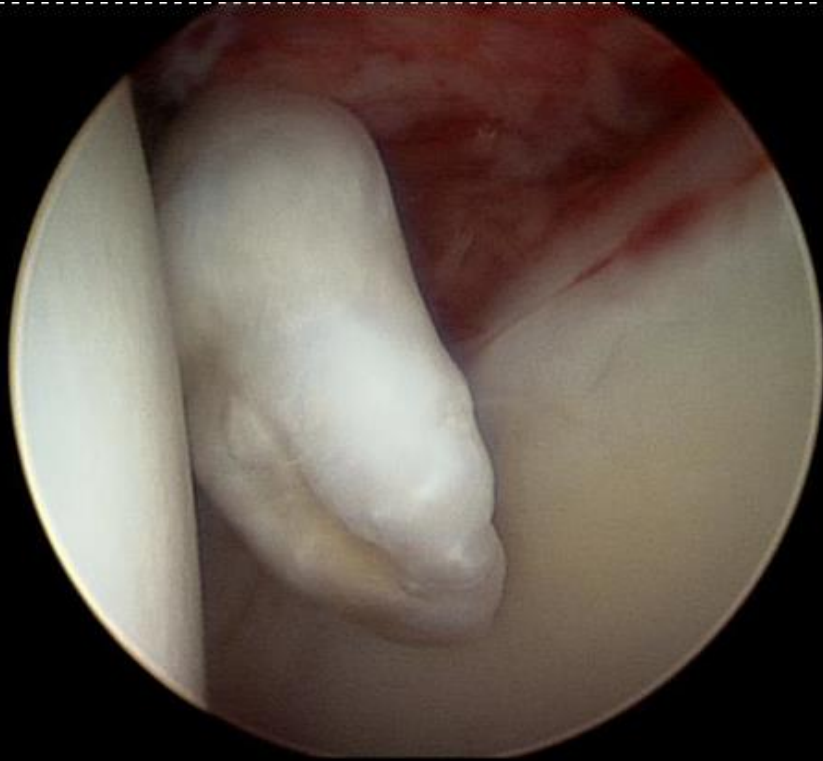
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Concepts & Emerging Techniques



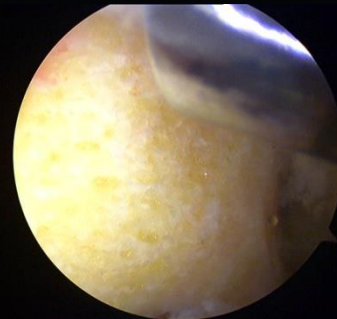
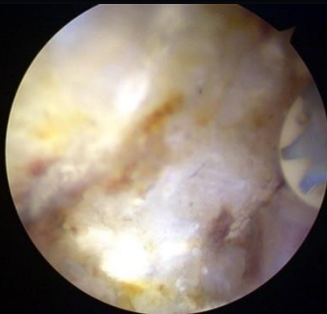
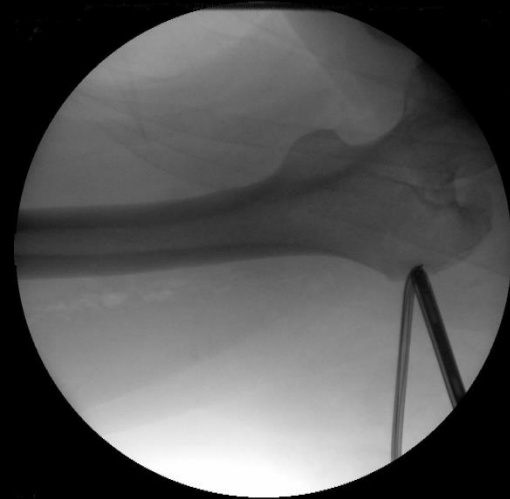
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Osteophytectomy, excision osteoid osteoma, lipoma excision, loose body removal, debridement for synovial osteochondromatosis, assessment pre-osteotomy, debridement for fracture non-union, resection of acetabular labrum, labral repair, debridement for osteoarthritis, synovectomy (rheumatoid, PVNS), psoas tenotomy, ITB release, trochanteric bursectomy, shrinkage ligamentum teres, acetabular recession, excision of impingement lesion (FAI), cyst curettage, assessment of painful resurfacing arthroplasty, excision of osteochondritis dissecans fragment, AVN, excision iliopsoas bursa, debridement for Perthes' disease, foreign body retrieval, removal of bone fragments, debridement of crystalline arthropathy, chondroplasty, release of arthrofibrosis, debridement and drainage for septic arthritis, debridement for chondromalacia, excision of ganglion, excision of haemangioma, evacuation haemarthrosis, chondral repair, excision paralabral cyst, repositioning of acetabular liner...



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Summary

What is The Pathology ?

How To, Assess it ?

What can be done ?





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Questions



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